

The Acorn

January 11, 2019

This Week's Events and Meetings

December Half Basket Report

12/02/18

805
Undocufund
\$755

12/16/18

CALM holiday
project
\$470



Confronting the Hungry Ghosts

Rev. Tamara Casanova Suzuki

The numbers are staggering as public health agencies estimate that over half of the population in the United States is either struggling themselves or impacted by someone with an addiction. This morning we talk about addiction: what it is, the impact it has on lives, and the possibility of recovery.

Sunday January 13

10:00 A.M. Worship
11:30 A.M. Souper Sunday

Monday January 14

2:00 P.M. Book Group (C)

Tuesday January 15

3:30 P.M. Committee on
Ministry
7:00 P.M. Sangha

Wednesday January 16

9:00 A.M. Coordinating
Team Mtg.
6:00 P.M. Adama (S)
6:30 P.M. Lessons of Loss
7:00 P.M. Men's
Connection (C)

Thursday January 17

7:00 P.M. Choir (S)

Friday January 18

10:30 A.M. Hookers &
Needlers (C)

Saturday January 19

No Scheduled Events

Sunday January 20

10:00 A.M. Worship
11:30 A.M. Getting to
Know UU (C)

S=Sanctuary; FH=Fellowship Hall,
C=Cottage

[http://liveoakgoleta.org/
events-calendar/](http://liveoakgoleta.org/events-calendar/)

Upcoming Services

January 20: Beloved Conversations Rev. Tamara Casanova Suzuki

This weekend we especially celebrate the life of the Rev. Dr. Martin Luther King Jr. as the work he carried forward gains an ever-increasing relevance and urgency. Today, as we remember and honor MLK, we also learn about the program, *Beloved Conversations*, twelve Live Oak members and your minister will begin in February.

January 27: A Sense of Purpose Jonathan Young

Each stage of life has its beauty. We honor our inherent worth and dignity when we use our strengths well. Live Oak charter member Jonathan Young will draw from the adventures of *Wonder Woman* to reflect on claiming our best qualities.

Children's Religious Exploration

This is week two of "Lessons of Loss" in RE, and thank you to Holly and Stephanie for working with the 3rd-7th graders on last week's lesson exploring how we all experience loss differently. This week will be with Christina and Stephanie, and will cover identifying a "significant" loss and the positive AND negative effects of loss. Good stuff!

Teens will work this week with Mary and Kelly, on a lesson exploring Relationships. This is our 19th out of 35 weeks of Coming of Age, so we are officially over half way through our year!! Congratulations to the Teens and Mentors!!

GAME NIGHT: SECOND FRIDAY, JANUARY 11: Thank you to Mo and Paul Maliszewski, for offering to host Game Night, please join them in their first one on Friday January 11 at 6:30. If you feel like bringing food or snacks to share, please do so, and since it is still dark early, feel free to come in your P.J.s. A good time will be had by all and thank you to Mo & Paul!!

RELIGIOUS EXPLORATION CLASSROOM SPACE: Dear lovely congregants and students: I had a couple of brand new supplies put away in RE PLUS I had some snacks stashed as well. I am imagining in the last month, things were taken out of drawers, opened, not returned, snacks were opened, eaten and not sealed up. In one case, something was opened, taken, and the wrapper put back in the drawer.

If a group is using the RE classrooms, if a congregant is looking for something and finds it in RE, PLEASE be courteous and leave a note, send an email, SOMETHING to make known that something is now gone and needs to be replaced. Thank you for hearing me.

MUSIC FUNDRAISER: A dear friend is hosting a music fundraiser locally this weekend that the Live Oak community might be interested in. It is relatively inexpensive and proceeds go to a great cause. *Maison de Jasmins* is a support house in Port-a Prince Haiti, to receive young women who turn 18 and must leave the orphanages they grew up in. Once they are on the streets, most girls end up in prostitution. *Maison de Jasmins* provides

Children's Religious Exploration Cont.

these girls a home until they get income and a place to live. *Maison* was founded by my friends Dr. Mimi Doohan and her son's best friend Michael Landecker, both SB locals. The music event is Saturday January 12, and there are different events during the day and evening in town. Check it out at <https://www.maisondj.com>. Hope to see you there!!

"Mostly it is loss which teaches us about the worth of things." - Arthur Schopenhauer

Joys & Sorrows

As a community we hold all in our loving thoughts and prayers

- Rev. Tamara: Asked that the first candle be lit and moment of silence observed to remember the one year anniversary of the Montecito debris flow.
- Barbara Hodgdon: Shared that it was her and David's 50th wedding anniversary.
- Alexandra Williams: Joyful that she will now be sharing the same address with Jim Wells.
- Jeri Moulder and Paul Murray: Shared both joy and sorrow as they have moved from their large house to a smaller apartment at the Samarkand Retirement Center.
- Jill Ross Beres: Shared she was moving to Palo Alto to live with her daughter and will miss Live Oak, including John's music and Rev. Tamara.
- Helen Gordon: Happy to announce that she was over her cold, and had some free magazines available.
- Jean Olsen: Related that her older sister has recovered from two surgeries last year, and is now walking by herself. Jean will be going to visit next week to celebrate her and her sister's birthdays.

Souper Sunday Continues in 2019!

Recently, we've had some very cold weather and much-needed rain has come - winter is truly here. It's a great time to enjoy a bowl of warm homemade soup! A BIG thanks goes out to Sue Smiley and Sylvia Sullivan who made two delicious soups last month. Also hosting in December were members of our newest Live Oak covenant group (lead by Kate McGuinness). We really appreciate the effort and enthusiasm of this group! **Our next luncheon is set for this Sunday, January 13**, and will be hosted by your Pastoral Care Ministry. Mark your calendar now, and plan to join us on Sunday for sustenance and socializing.

These luncheons continue to be a great way to build community while also supporting Live Oak's fundraising budget. Thank you so much for your continued support of this program, and of the hosting groups, by joining us each month. And remember, visitors eat for free as our guests - **perhaps you want to invite a friend to attend Sunday service and then enjoy lunch with you this week.** We hope to see you on January 13.

The Live Oak Traveling Chalice

Live Oak has a fun new way to share our UU identity and our Live Oak spirit: our Traveling Chalice program!

The purpose of the **Traveling Chalice Program** is to deepen our understanding of one of our most familiar Unitarian Universalist symbols. The light of the chalice connects us all together and is a sacred element of our beloved community. The chalice may also be used as a symbol of hope when one is experiencing a sense of darkness. Hopefully through this program we will learn about its history and how it brings people together through learning and love.

Each week a Live Oak household will take home the Traveling Chalice, which will be inside a special Chalice Box. A sign-up sheet is located in the Live Oak hallway near the offices and the chalice can be picked up Sundays in the Sanctuary.

More details are in the box. Sign up now for your week and **PLEASE:** remember to bring the box back each Sunday for the next household to take home. ENJOY!

Love, Rev. Tamara

Holiday Project 2018

Holiday Project 2018 - A heartfelt thank you to all!

Once again our congregation has stepped up to fill a need in the community. Hundreds of children served by **Child Abuse Listening and Mediation group of SB** will benefit from your generosity this year! Many, many thanks for your very generous gifts of art supplies, books, stress balls and more which will resupply C.A.L.M. therapy rooms!

Additionally, I had fun spending the very impressive sum of \$470 we collectively donated. All items were purchased directly from CALM wish lists on Amazon. In addition to therapy guides for the pros and numerous books and activity cards, we were able to purchase much needed meditation cushions, a desk lamp and a floor lamp.

Thanks in advance to Jim Ross, Paula Bagalio and Wendy & Carter Morgan for assisting with delivery of our gifts next week!

Gratefully, Liz Z. on behalf of the Social Justice Ministry

Socks in a Box

New socks are essential, especially in the winter months. They also are one of the least donated, but most needed items. You can also help by donating: Amenities (soap, shampoo, lotion, toothbrushes, toothpaste and disposable razors), soft cereal bars, bottled water, rain ponchos, beanies, gloves, \$5 food gift cards, bus passes or tokens. All of these supplies will be distributed during the Santa Barbara Count Point-in-Time Count or during year-round Coordinated Outreach. -Gail Boehme

Social Justice News

Dear Live Oak Community- Many community events are happening in January and we have listed most here. It would be wonderful if Live Oak folks were part of these activities, and you can bring back new friends and new ideas to our congregation.

Meanwhile, our **Live Oak Team for the Beloved Conversations** curriculum is assembled and ready to attend the initial retreat on February 1-2 in San Luis Obispo. We will be bringing some conversations back to Live Oak in the future!

- **“50 Years After the Santa Barbara Oil Spill: A Call to Action,”** on January 27, 3-5:30 pm with non-profit tabling from 2-3pm at the Arlington Theater. This is a free community event including Annie Leonard, Greenpeace USA Executive Director, local officials, several excellent musical performances and it is sponsored by the Community Environmental Council, Environmental Defense Center, Get Oil Out! (GOO!), UCSB Environmental Studies Department. This is a good way to work together with our community on one of our top LO social justice priorities.
- **** Please consider this! Volunteers needed for the 2019 Homeless Point In Time Count,** Thursday, January 24, 2019 at 5 AM – 8:30 AM. Volunteer trainings will be held in January. Sign up on our website www.commongroundsb.org.
- **AERA Energy** is requesting permits to expand oil and gas production in Cat Canyon, with up to 296 new wells. The project uses steam injection to remove the heavy crude oil. The Draft Environmental Report will be reviewed by the County in Santa Maria on January 17 and will go to the Board of Supervisors soon after. Write your county supervisors (dwilliams@countyofsb.org, jwolf@countyofsb.org, peter.adam@countyofsb.org, steve.lavagnino@countyofsb.org). Tell them to put the health of 450,000 people in Santa Barbara County ahead of the profits of Big Oil. The Cat Canyon project is a short-term play profiting a few special interests at the long-term expense of the rest of us.
- **Live Oak Social Justice Ministry Meeting,** January 23, 2019 at 4:30pm. Everyone is welcome in the Cottage!

Community Activities

- **January 11: Vigil for Freedom:** Standing Against Human Trafficking, De La Guerra Plaza, 5:30-6:30
- **January 14: PFLAG SB meeting, 7:00-8:30 p.m.**
- **January 16: Homelessness and Housing panel** co-presented by League of Women Voters and SB Public Library at the Library 12-2 p.m.
- **January 19: 3rd Annual Women’s March** at De La Guerra
- **January 21: Dr. Martin Luther King Day**
9am Speakers and program at De La Guerra Plaza
10 am Unity March from De La Guerra to Arlington Theater
10:15-11 David Gorospe Trio –jazz and popular music in foyer of theater

**Live Oak Unitarian
Universalist
Congregation**

**Live Oak Staff and
Office Hours**

Rev. Tamara Casanova Suzuki

revtamarasuzuki@gmail.com

805.967.7867 x 2

by appointment

**Steven Lovelace, Director of
Religious Exploration**

dresteven@liveoakgoleta.org

805.967.7867

by appointment

John Douglas, Music Director

jed805@gmail.com

805.284.2082

Clacey Kahn, Administrator

administrator@liveoakgoleta.org

805.967.7867 x 1

M– F 10:00 a.m. to 2:00 p.m.

Janet Mocker, Bookkeeper

bookkeeper@liveoakgoleta.org

Coordinating Team

coordinating-

team@liveoakgoleta.org

Social Justice News

11-12:30 Arlington Theater Program

- **January 27: “50 Years After the Santa Barbara Oil Spill: A Call to Action”** 3:00-5:30 p.m., Arlington Theater, sponsored by Community Environmental Council, Environmental Defense Fund, Get Oil Out (GOO,) UCSB Environmental Studies Department

Action Alerts: Putting our UU Values into Action

New “Green New Deal” being put together in the House of Representatives. Watch for ways to advocate for this bill to mitigate climate change!

Write to Congressional leaders about the election fraud in the 9th District of North Carolina which is not being dealt with. <https://actionnetwork.org/letters/tell-congress-investigate-the-stolen-election?source=direct> link&

Our Members of Congress

- Dianne Feinstein - LA office 310-914-7300, Washington office 202-224-3841 senator@feinstein.senate.gov.
- Kamala Harris - Sacramento 916-448-2787, Washington 202-224-3553 senator@harris.senate.gov.
- Salud Carbajal - Congressman-24th district, Washington 202-225-3601, San Luis Obispo office 888-202-8934, Contact through his site

Book Group

Monday, Feb. 4th, 2PM in the cottage at Live Oak, we will discuss *What Comes next and How to Like It* : A Memoir by Abigail Thomas. Guests are welcome.

For Information please contact Jeanne Northsinger
805-898-1085 jnorthsinger@gmail.com.

Happy Birthday to friends and members celebrating upcoming birthdays !



David Echols 1/11, Jean Olsen 1/14, Priscilla Marchus 1/22, John Douglas 1/22

Lura Pearson 1/23, Lisl Auf der Heide 1/30

Consider renting Live Oak for your next event! Call 805-967-7867.