

The Acorn

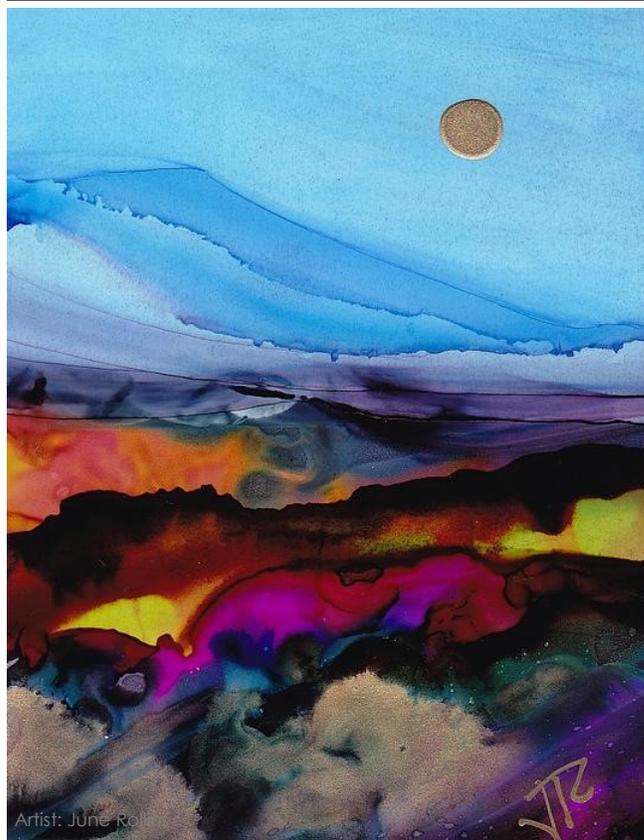
January 18, 2019

This Week's Events and Meetings

Miss a Sermon?

You can request previous sermons from the Live Oak Office!

[Click Here!](#)



Artist: June Rollins

Beloved Conversations

Rev. Tamara Casanova Suzuki

This weekend we especially celebrate the life of the Rev. Dr. Martin Luther King Jr. as the work he carried forward gains an ever-increasing relevance and urgency. Today, as we remember and honor MLK, we also learn about the program, *Beloved Conversations*, twelve Live Oak members and your minister will begin in February.

Sunday January 20

10:00 A.M. Worship
11:30 A.M. Getting to Know UU (C)

Monday January 21

No Scheduled Events

Tuesday January 22

3:30 P.M. Committee on Ministry
4:00 P.M. Facility Mtg. (C)
6:00 P.M. Board Mtg. (FH)
7:00 P.M. Sangha

Wednesday January 23

9:00 A.M. Coordinating Team Mtg.
10:30 A.M. Staff Mtg.
4:30 P.M. Social Justice
6:00 P.M. Adama (S)
6:30 P.M. Lessons of Loss
7:00 P.M. Covenant Group

Thursday January 24

7:00 P.M. Choir (S)

Friday January 25

10:30 A.M. Hookers & Needlers (C)

Saturday January 26

No Scheduled Events

Sunday January 27

10:00 A.M. Worship
11:30 A.M. Town Hall Mtg.

S=Sanctuary; FH=Fellowship Hall,
C=Cottage

[http://liveoakgoleta.org/
events-calendar/](http://liveoakgoleta.org/events-calendar/)

Upcoming Services

January 27: A Sense of Purpose Jonathan Young

Each stage of life has its beauty. We honor our inherent worth and dignity when we use our strengths well. Live Oak charter member Jonathan Young will draw from the adventures of *Wonder Woman* to reflect on claiming our best qualities.

Children's Religious Exploration

Both of our groups will be continuing on our "Lessons of Loss" as does our congregation. Such an important part of our process as humans, how to deal with loss and all things that are connected with loss. It happens for all of us. It makes me proud to be UU when working with this kind of material for our kids. Middles will have Jane and Paul this week (Welcome Paul!!) and Mary and Kelly will grace the teens.

Reminder to Coming of Age

This Sunday after RE, you will be having your third meeting with your mentor. Double check your reading from the Pocket Guide and please discuss your credos, it's time!

Parents/Volunteers

If you volunteer or are a parent, you received a Doodle Poll this week about volunteering in RE March-June 2019. We did really well with the volunteer signups that initiated in August of 2018, but it seems to have run out as we got further in the year to March 2019 so if you are on that poll, check it out. We still need you!! If not and you are up for volunteering, email [Steven](#) or grab him before or after service and let him know.

Food Drive in April

Religious Exploration & Coming of Age will collaborate with the Membership Ministry on a Food Drive. Beginning on Sunday, April 7 and 14, directly after services. It will not take more than an hour and details will follow, but just giving you the heads up and would love any participation, and yes, you can do one date and not the other.

Thank you!

To Mo and Paul for hosting Game Night last week!! Our next Game Night is Friday, Feb 8 at 6:30. Gratitude also for Christina, Krystal, Mary and Kelly for taking care of the kids as well in RE.

"And when it rains on your parade, look up rather than down. Without the rain, there would be no rainbow."

-G.K. Chesterton



Joys & Sorrows

As a community we hold all in our loving thoughts and prayers

- Kendra Wise: Shared a joy that her cousin Marta delivered a new baby.
- Kristin Otte: Shared her joy celebrating her 30th wedding anniversary of her marriage to Mike this Tuesday, January 15.
- Susan Jackson: Shared her joy in traveling to Costa Rica with her two brothers for the wedding celebration of her nephew.
- Jim Ross: Shared that Rosie Schaeffer had suffered a stroke which caused her to fall Saturday night (January 12) and break her hip which has been surgically repaired. She is recovering at Cottage Hospital.
- Gail Boehme: Shared that the Unitarian Society's former organist, Mahlon Balderston, has passed.
- Lisbeth Caccese: Shared her joy that her mother turned 95.
- Liz Z.: Shared her gratitude for Penelope Salinger and Dances of Universal Peace which helped her to process her sorrow and grief for the Marshall Family. Father and son had been taking a course on avalanche safety when an avalanche occurred and killed the son. The Dances offered a chant 'All I ask of you is forever to remember me as loving you'.
- Bev Troon: Shared her sorrow that she lost a daughter in 2017, and she lost a daughter in 2018 and she hopes that 2019 will be better.
- Teka Penteriche, Paris Psaros and Luana Psaros: Shared their sorrow that their 15 year old dog, Cuddles, has passed after many years of love.



Half Basket

This Sunday we are donating our Half-Basket to the Beloved Conversations Project that our congregational team will start at the beginning of February. This special curriculum will explore the role of race/ethnicity in individual and congregational lives. It will begin with a retreat facilitated by 2 specialists from Meadville Lombard Theological School and continue with 8 sessions here at Live Oak for the participants. As we proceed, the team will bring other activities to the congregation. Thank you for your support of this important work. To Find Out More: <https://www.meadville.edu/faqs-collaborative/faqs-curriculum-catalogue/beloved-conversations/>

The Live Oak Traveling Chalice



Our first household to take home the traveling chalice

Live Oak has a fun new way to share our UU identity and our Live Oak spirit: our Traveling Chalice program!

The purpose of the Traveling Chalice Program is to deepen our understanding of one of our most familiar Unitarian Universalist symbols. The light of the chalice connects us all together and is a sacred element of our beloved community. The chalice may also be used as a symbol of hope when one is experiencing a sense of darkness. Hopefully through this program we will learn about its history and how it brings people together through learning and love. Each week a Live Oak household is taking home the Traveling Chalice, which is inside a special Chalice Box. A sign-up sheet is located in the Live Oak hallway near the offices.

More details are in the box. Sign up now for your week and PLEASE: remember to bring the box back each Sunday for the next household to take home. ENJOY!

Love, Rev. Tamara

Addictions Ministry forming at Live Oak!!

There will be a quick meeting directly after service this Sunday, January 20 of those interested in helping form an Addictions Ministry at Live Oak. Please come to the front of the sanctuary immediately after the Postlude to help determine the next step for this nascent group.



Pastoral Care

Did you ever wonder how your sharing during Joys and Sorrows on Sunday gets into the Acorn Bulletin on Friday? Magic? The Cloud? Direct transmission? Actually each Sunday, one member of the Pastoral Care Ministry is dedicated to taking notes. It will help us as well as all those present if, when you are speaking, you adjust the microphone directly in front of you and near your mouth. Then speak slowly so everyone can hear you. Because of time constraints, please keep story detail for after the service and speak for only a sentence or two. If you do not wish your joy, concern or sorrow to be shared in the Acorn, please let Rev. Tamara know.

Many thanks!
Your Pastoral Care Ministry

Socks in a Box

Please bring donations of new SOCKS and toiletries to Live Oak this Sunday, Jan 20.

These much needed items will be distributed January 24 at the time of the **Point In Time Homeless Count**. Look for the SOX BOX on the patio or at the front of the sanctuary. (Apologies to Dr. Seuss.)

Social Justice News



The Women's March is happening this Saturday at De La Guerra Plaza, 11-Sign making, table info and entertainment; 12-Speakers; 12:40 Marching on State St. Come join the Live Oakers with your LO sign or make one there!

On Monday, January 21, honor Martin Luther King Jr and the values he lived!

- 9am Speakers and program at De La Guerra Plaza
- 10 am Unity March from De La Guerra to Arlington Theater
- 10:15-11 David Gorospe Trio –jazz and popular music in foyer of theater
- 11-12:30 Arlington Theater Program
- **Our Live Oak Team for the Beloved Conversations** curriculum is assembled and ready to attend the initial retreat on February 1-2 in San Luis Obispo. We will be bringing some conversations back to Live Oak in the future!
- **"50 Years After the Santa Barbara Oil Spill: A Call to Action,"** on January 27, 3-5:30 pm with non-profit tabling from 2-3pm at the Arlington Theater. This is a free community event including Annie Leonard, Greenpeace USA Executive Director, local officials, several excellent musical performances and it is sponsored by the Community Environmental Council, Environmental Defense Center, Get Oil Out! (GOO!), UCSB Environmental Studies Department. This is a good way to work together with our community on one of our top LO social justice priorities.
- **** Last training on January 22! Volunteers needed for the 2019 Homeless Point In Time Count**, Thursday, January 24, 2019 at 5 AM – 8:30 AM. Sign up on our website www.commongroundsbcb.org.
- **Live Oak Social Justice Ministry Meeting**, January 23, 2019 at 4:30pm. Everyone is welcome in the Cottage!

Community Activities

- **January 19: 3rd Annual Women's March** at De La Guerra
- **January 21: Dr. Martin Luther King Day**
- **January 24: Just Communities Social Justice Summit**, 8:30-4:30, 100 E Carrillo St.
- **January 27: "50 Years After the Santa Barbara Oil Spill: A Call to Action"** 3:00-5:30 p.m., Arlington Theater, sponsored by Community Environmental Council, Environmental Defense Fund, Get Oil Out (GOO,) UCSB Environmental Studies Department

**Live Oak Unitarian
Universalist
Congregation**

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Social Justice News

Action Alerts: Putting our UU Values into Action

- **Save Santa Barbara County's Cat Canyon from Big Oil.** Three companies have proposed to drill over 700 new oil wells in Cat Canyon near Santa Maria using some of the dirtiest and most dangerous oil production techniques, including acidizing, cyclic steam injection, and steam flooding. One of these companies, Aera Energy (owned by ExxonMobil + Shell) is in the midst of the County's administrative review process.

Send a comment email to Kathryn

Lehr klehr@countyofsb.org by January 28. For more details and a sample letter, contact raltmansb@gmail.com

- **New "Green New Deal"** being put together in the House of Representatives. Watch for ways to advocate for this bill to mitigate climate change!
- **Write to Congressional leaders about the election fraud** in the 9th District of North Carolina which is not being dealt with. https://actionnetwork.org/letters/tell-congress-investigate-the-stolen-election?source=direct_link&

Our Members of Congress

- Dianne Feinstein - LA office 310-914-7300, Washington office 202-224-3841 senator@feinstein.senate.gov.
- Kamala Harris - Sacramento 916-448-2787, Washington 202-224-3553 senator@harris.senate.gov.
- Salud Carbajal - Congressman-24th district, Washington 202-225-3601, San Luis Obispo office 888-202-8934, Contact through his site

Happy Birthday to friends and members celebrating upcoming birthdays !



Priscilla Marchus 1/22, John Douglas 1/22, Lura Pearson 1/23,
Lisl Auf der Heide 1/30

Consider renting Live Oak for your next event! Call 805-967-7867.