

The Acorn

January 21, 2018

This Week's Meetings and Events

Miss a Sermon?

Check out past sermons by clicking on the link.

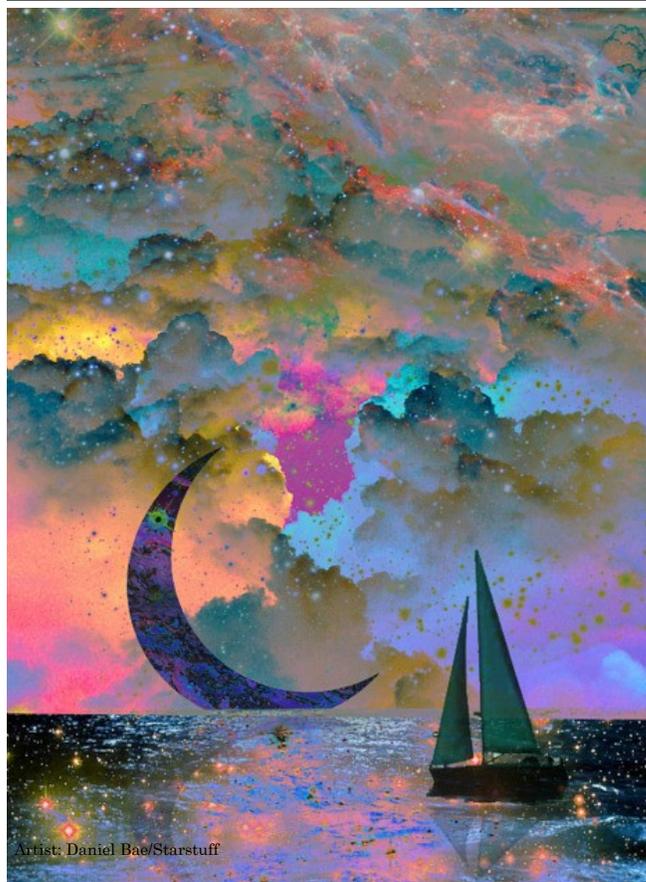
<http://liveoakgoleta.org/multimedia/>

Live Oak Event Book!



Reserve your spots now!

<http://liveoakgoleta.org/our-community/live-oak-event-book/>



What Can We Do About Sexual Misconduct?

Marie Arnold

Live Oak member Marie Arnold will explore what is meant by sexual misconduct, its prevalence, the healing that is possible and what role you can play in the process of healing.

Sunday January 21

10:00 A.M. Worship
11:30 A.M. Getting to Know UU(C)
11:30 A.M. Live Oak Event Book Party(FH)

Monday January 22

7:00 P.M. Covenant Group Mtg.(C)

Tuesday January 23

4:00 P.M. Facility Mtg.
6:00 P.M. Board Mtg. (FH)
7:00 P.M. Sangha (S)

Wednesday January 24

10:00 A.M. Staff Mtg.
5:15 P.M. Adama Beginner Class (S)
6:00 P.M. Adama Dance
7:00 P.M. Covenant Group

Thursday January 25

10:00 A.M. Covenant Group
7:00 P.M. Eve Book Group

Friday January 26

10:30 A.M. Hookers & Needlers (C)

Saturday January 27

No Scheduled Events

Sunday January 28

Admin on Site

10:00 A.M. Worship
11:30 A.M. Town Hall
11:30 A.M. Souper Sunday!

S=Sanctuary; FH=Fellowship Hall, C=Cottage

<http://liveoakgoleta.org/events-calendar/>

Upcoming Sermons

January 28: "...no one shall be reviled" Rev. Tamara Casanova Suzuki

The concept of religious tolerance is near and dear to our Unitarian Universalist hearts. In this time of increasing religious intolerance, join Rev. Tamara as she explores this important topic.

Children's Religious Exploration

Our curriculum... Love Connects Us... truly pairs our UU principles with the life changing power of LOVE. This week we will approach this from the idea of TRUTH as a liberator of love with a story and a theatre game, and maybe an art project (if not this week than in a couple of weeks). We will explore also how we hear and identify the truth. Big topics and really good stuff for our preteens.

In the land of teens, we have teachers ready for you, and please connect with me and we will plan a class for you! We want that! Three teens make a class!!

RE NEEDS YOU!! Appreciating everyone who reached out, and still looking for a couple of folks to spend occasional Sundays in RE. Thank you for considering this.

Please let me know if you are able and/or willing to teach OR assist in a class some Sundays, it would be really appreciated. I am attempting to schedule through the beginning of June right now. If you are interested, email me and I will send you a schedule so the days help is needed is clear. Questions? Comments? Concerns? dresteven@liveoakgoleta.org.

OWL 4-6 Parents: For the OWL 4-6 parents, you should have received our gift to our OWL families, "It's Perfectly Normal: Changing Bodies, Growing Up, Sex And Sexual Health". I have one extra book, so it looks like someone did not get their copy.

"Parent's Guide to OWL 4-6" is also recommended as a supplement to the class content for parents to help with the dialogue as official "primary" teachers of sexuality for their kids. The book is available through the UUA bookstore and I ordered 5 copies the other day. As OWL 4-6 has recently been revised and we are working with that curriculum, the Parent's Guide is being revised as we speak and should be ready to be distributed around the first week of February. A couple of you have already paid me, thank you and we should have your books soon, they are on back order so they will be sent to me the minute they are done. The books are \$15.

"Grief can be the garden of compassion. If you keep your heart open through everything, your pain can become your greatest ally in your life's search for love and wisdom." -Rumi

Half Basket

This Sunday we are donating our Half-Basket to the Freedom Warming Centers. They provide shelter and food on nights when there is rain or the temperature dips below 36 degrees for homeless people in Santa Barbara area from November until April. We serve dinner at the IV shelter on Thursdays when they are activated. Please be generous with your donations on Sunday and help relieve suffering for these folks. Thank you for your help and caring! For More Info: <http://www.ussb.org/fwc/>

Getting to Know UU

Attention Newcomers: After the service on, Jan. 21 (and every 3rd Sun.), from 11:30-12:00 in the Cottage (next to the patio), we will be holding a brief information session called "Getting to Know UU". This time will help answer some of your questions about Unitarian Universalism, other programs Live Oak has to offer and connect you with a few others. Please come so we can start getting to know you! Let Debbie Mackie know if childcare will be needed, (debbiemackie@cox.net or phone 805-252-1668). We also invite you to get a "welcome bag", name tag, and have questions answered by the Welcome Table Host, and fill out an information card so we can contact you with future newcomer events and our weekly Acorn announcements.

Council of Chairs

Our next Council of Chairs meeting will be held on **Wednesday, January 31** starting at 6:30 pm. There will not be a potluck. If you have any questions you can email Clacey Kahn at administrator@liveoakgoleta.org or call me at 805-967-7867 Ext. This meeting is open to all members and friends of Live Oak and each ministry team is encouraged to send a representative.

Souper Sunday

A BIG thanks goes out to our wonderful Pastoral Care Associates for hosting Souper Sunday on January 14! This was another tasty and nutritious meal, and their generosity is greatly appreciated. Our second luncheon of the month (postponed from December) is set for January 28 and will be hosted by Sue and Bill Smiley, Sylvia Sullivan, and Elaine Sears. Mark your calendar now; but, in case you can't stay after service, did you know that you can purchase a to-go container of soup for *the same low price*? Just ask at the Souper Sunday table.

These luncheons continue to be a wonderful way to build community while also raising a few dollars for Live Oak. In fact, Souper Sundays have the potential to raise around 15% of this year's fundraising goal. Please continue to support this program, and the hosting groups, by joining us, *usually just once*, each month! **A special thanks goes out to the many individuals and groups that are stepping up this year!**

Join Rev. Tamara at Regional Assembly in Portland in 2018!!

The four districts of the UUA's Pacific Western Region will gather April 27-29 in Portland, OR for the 2018 Regional Assembly. Speakers include civil rights activist, the Rev. Dr. William Barber; Washington Congresswoman Pramila Jayapal, advocate for women's, immigrant, civil, and human rights; and the Rev. Susan Frederick-Gray, newly elected UUA president. Programming includes workshops, worship, district meetings, and an optional social justice activity.

Discount lodging is available at the Portland DoubleTree by Hilton Hotel, site of the Regional Assembly. Childcare and youth programming will be available. Registration is now open with an early bird deadline at the end of January. More details on the PWR website (www.uua.org/pwr)

Joys and Sorrows

As a community we hold all in our loving thoughts and prayers

- * **Kevin Rose:** He is mourning the loss of Dr. Mark Montgomery, one of the victims in the mudslides, who did a successful hand surgery on him. He also shared the joy at his son's involvement at both San Roque Church and Live Oak.
- * **Jim Ross :** Expressed concern for the people of Hawaii, who got a false warning of an imminent missile attack, and for 40 min. thought they might die. He reminds us to say "I love you" to those we love.
- * **Marie Arnold :** Her son, Greg, evacuated from Montecito to their house during the fire and again because of the mudslides. She is grateful that they can provide shelter for him and his family, and that they feel comfortable there, and also that it gave her a chance to get to know her grandchildren better.
- * **Chris Nodding and son Nolan :** Chris shared his joy that Nolan will be a big brother soon!
- * **Cecilia Ramirez :** Shared the sorrow and joy that her father was able to be at home after a long hospital stay, where he died on Wed ., but in a beautiful way, surrounded by love of family and a priest, unlike the victims in the mudslide, who died suddenly without much warning. The inability of her huge family in the L.A. area to come up here has complicated the funeral arrangements.
- * **Sarah Eglin :** Shared her sorrow for the children she teaches in Montecito who returned to school on Friday where they heard stories of houses destroyed, of kids escaping, and that they lost some classmates. Their lives have been changed forever, hopefully strengthened from this as they go forward.
- * **Kendra Wise :** She is grateful for the 1st responders and has ideas for how to support them. There was a large group of invisible helpers who gave their all in the recovery.
- * **Jean Olsen:** Today is Jean's 81st birthday, but she wants to change her birthday to June, because so many bad things happen around her birthday. She used to live in Montecito and knew many of the victims.
- * **Colleen Poulsen:** Shared the sorrow that her brother's wife Bonnie's breast cancer from 5 years ago has returned and is being treated. Asks for loving thoughts to Bonnie, Colleen's brother Chris, and family.
- * **Lyn Levine:** Shared that Drew Carter is safe and back home, grateful their home was not damaged and looking forward to the reopening of the 101. Also, Bev Troon is feeling stronger, and hopes to be back at Live Oak soon.
- * **Rev. Tamara:** Shared that Peter Haslund is safe and at home.

Social Justice News



Remember the Women's March tomorrow! January 20 at De La Guerra Plaza in Santa Barbara 11-1! Women's March Santa Barbara 2018 | Hear Our Vote

Supporting the right for women to move safely in our country and to achieve according to their dreams and abilities. Supporting all those issues that women have worked for many years to attain. Supporting equal rights and having our voices heard. We need all people to show up on January 20 at De La Guerra Plaza in Santa Barbara 11-1!!

info@womensmarchsantabarbara.com



Urgent Help needed to feed people! The Food Bank needs volunteers to help gather and distribute food to people who were flooded or who are suffering hardship from the flood.

<https://foodbanksbc.volunteerhub.com/lp/southcounty/>

<https://foodbanksbc.volunteerhub.com/Events/IndexV1>

Our next Song Tree Concert on February 17 at 7:30 pm will benefit Direct Relief. Tom Corbett, Mike Mullins, Bill Knopf and Tom Lee will fill Live Oak with song!

Trauma in our Community-taking care of ourselves. The fire and the terrible floods have been very hard on our community. Even those of us who are not in the flood zone are being affected by secondary trauma. This article by the Executive Director of CALM explains how to take care of ourselves through this experience.

https://www.noozhawk.com/article/alana_walczak_we_are_all_experiencing_traumatic_stress_what_you_can_do#at_pco=cfd-1.0

Community Activities

January 20: 2nd Women's March across the nation, 11 am-1pm. Begins at De La Guerra.

January 20: 2:30-4:30 An Exploration of Sexual Harassment in the Workplace and Beyond presented by Antioch University, co-sponsored by SBWPC, Antioch Community Hall, 602 Anacapa.

January 22: Planned Parenthood 2018 Fundraiser 45th Anniversary of Roe v. Wade 7:00pm SOhO Restaurant & Music Club, 1221 State St.

Action Alerts: Putting our UU Values into Action

Please watch and respond to actions that put our values in danger!

Our Members of Congress

- * Dianne Feinstein- LA office 310-914-7300, Washington office 202-224-3841
senator@feinstein.senate.gov.
- * Kamala Harris- Sacramento 916-448-2787, Washington 202-224-3553
senator@harris.senate.gov.
- * Salud Carbajal- Congressman-24th district, Washington 202-225-3601, San Luis Obispo office 888-202-8934, Contact through his site

**Live Oak Unitarian
Universalist
Congregation**

Live Oak Staff and Office Hours

Rev. Tamara Casanova Suzuki

revtamarasuzuki@gmail.com

805.967.7867 x 2

W 12:00-3:00 p.m.

Th 1:00-4:00 p.m.

and by appointment

**Steven Lovelace, Director of
Religious Exploration**

dresteven@liveoakgoleta.org

805.967.7867

by appointment

John Douglas, Music Director

jed805@gmail.com

805.284.2082

Clacey Kahn, Administrator

administrator@liveoakgoleta.org

805.967.7867 x 1

M-F 10:00 a.m.-2:00 p.m.

Janet Mocker, Bookkeeper

bookkeeper@liveoakgoleta.org

Coordinating Team

[coordinating-](mailto:coordinating-team@liveoakgoleta.org)

team@liveoakgoleta.org

**Happy Birthday to the following
friends and members celebrating
upcoming birthdays !**

Jane George 1/22, Priscilla Marchus
1/22, John Douglas 1/22,

Lura Pearson 1/23, Sally

Klinkon 1/29, Lisl Auf der

Heide 1/30,



Supporting Our Members

Marie Arnold will be participating in the Festival of Hearts, a fundraiser for the Friendship Center.

Marie's work will be on display from January 24 to February 8 at the Renaissance consignment store on State street by the museum.

Quire of Voyces January 28, 2018 Concert

Many of you are aware that we had to cancel our December concerts due to the Thomas Fire. Since then we have all experienced the shock and sorrow of the flooding and mudslides in Montecito. The Quire missed singing for you during December, so we will do one performance of this concert, "The Mysteries of Christmas: A Healing Concert for our Community" on Sunday, January 28th, at 3 p.m. We will not be performing traditional Christmas carols at this concert, but we will be singing music that soothes and heals. Purchased tickets from either the December 16th or 17th concerts will be honored on January 28th or you can obtain a refund through the Garvin Box Office. Tickets available at the door and in advance at the SBCC Garvin Box Office [805-965-5935](tel:805-965-5935).

The Live Oak Unitarian Universalist Congregation
proudly presents a

Song Tree Concert

to Support the Work of **Direct Relief**
to Improve the Health and Lives of People
Affected by Poverty or Emergencies



Tom Corbett
*with Mike Mullins,
Bill Knopf, and Tom Lee*



Saturday, February 17, 2018 – 7:30 p.m.

at the Live Oak Unitarian Universalist Congregation
820 North Fairview Avenue, Goleta

All proceeds will be donated to Direct Relief.

A voluntary donation of \$15 is suggested and appreciated.

Information: 805.403.2639 and at LiveOakGoleta.org

Reservations are recommended, and can be made through Eventbrite.com:
visit the Live Oak website, above.

Sponsored by the Live Oak Social Justice Ministry