

The Acorn

New Name Tags!

Membership has reworked our name tags to include a large first name for easier reading, plus other "upgrades".

If you do not see your name tag please see someone at the Welcome Table on Sunday and we will get you one as soon as possible!



November Half Basket Report

11/04/18

SBCC Transitions Program
\$328.00

11/18/18

United Way Southern California Disaster Relief
\$405.00

December 21, 2018



Carols, Readings, and Reflections

Rev. Tamara Casanova Suzuki

It is good to take a bit of time during the holiday season to attend to your spirit and be still. Join us this morning for a time filled with carols and readings of the season.

This Week's Events and Meetings

Sunday December 23

10:00 A.M. Worship

Monday December 24

Live Oak Office Closed

5:00 P.M. Christmas Eve Service (S)

Tuesday December 25

Live Oak Office Closed

No Scheduled Events

Wednesday December 26

Live Oak Office Closed

6:00 P.M. Adama (S)

Thursday December 27

7:00 P.M. Choir (S)

Friday December 28

10:30 A.M. Hookers & Needlers (C)

Saturday December 29

No Scheduled Events

Sunday December 30

10:00 A.M. Worship

S=Sanctuary; FH=Fellowship Hall,
C=Cottage

[http://liveoakgoleta.org/
events-calendar/](http://liveoakgoleta.org/events-calendar/)

Upcoming Services

December 24: *Surrendering to the Mystery* 5:00 p.m. Rev. Tamara Casanova Suzuki
Celebrate this Christmas Eve together with friends, families, and guests, as we join our voices in song and experience the mystery in candlelight. Rev. Tamara invites people of all ages who seek the true meaning of Christmas to come to our very special Christmas Eve candlelight service.

December 30: *Turning of the Year - Fire Communion* Live Oak Worship Team
In recognition of the New Year, we set aflame that which is old and no longer of use to us. We embrace that which we wish to treasure.

Children's Religious Exploration

Much gratitude to all of you last Sunday, especially to Lura, Rachel and Krystal, for taking the RE class. Some beautiful ornaments came out of that class, plus after being sick, it was a nice break for me to be able to sit through service and enjoy. I am convinced I am better because of it.

This Sunday Dec 23, we will come together again in a single class. We will explore some of the miracles that come out of the mysteries of life and nature, then do a walking meditation into our RE Outdoor Sanctuary and find these personal miracles that appeal to each of us individually. We should have a little time left, and we can do a little art project if we do.

RE MOVING INTO THE NEW YEAR: As we move into the heart of the holidays, Religious Exploration has a few needs from the congregation, so thank you for checking this out.

- We need volunteers to work in RE the following Sundays in 2019 (through June 2019), January 27, February 3, March 3, and every Sunday from March 31 through the beginning of June. Please contact me if you can work a Sunday or two into your calendar.
- Live Oak is looking for a child care person, 2 hours a week with potential to work events. Sundays 9:45-11:45. Grace MUST leave by the first of the year. Thank you.
- If you know by Wednesday AM prior to the Sunday service that you will be in attendance, and your child would like to light the chalice, let me know. We are listing the kids' names in the Order of Service.
- RE is looking for Game Night hosts for the second Friday of the month, usually goes from 6:30-9:00, someone should open up around 6:10.

Please contact Steven at dresteven@liveoakgoleta.org in regards to any of these.

“Your deepest roots are in nature. No matter who you are, where you live, or what kind of life you lead, you remain irrevocably linked with the rest of creation.” -Charles Cook

Joys & Sorrows

As a community we hold all in our loving thoughts and prayers

- Priscilla Marchus: Lit a candle for healing for her daughter-in-law Mana's brother, who had an accident at work a week ago. Manaho is Japanese, and lives here in Santa Barbara, far from her family, who live in Hokkaido, Japan. Her brother works as a lumberjack, and a tree fell on his back, crushing a vertebra in his spine. He seemed to be paralyzed, but can now move his right leg, and has feeling above the knee of his left leg, which is hopeful.
- Gail Boehme: Lit a candle for their 14 yr-old grandson, whose step-grandmother, who raised him, died of cancer. His grandfather (not Tom) is now raising him by himself, with support of family in Santa Barbara.
- Carter Morgan: Lit a candle of memory for his mother Marty, who passed away a year ago. She brought much joy to Live Oak, and his many good memories live on.



Half Basket-Minister's Discretionary Fund

The Minister's Discretionary Fund at Live Oak is used by the Minister to further the mission and ministries of our congregation.

If you are unable to attend and would like to contribute, donations are greatly appreciated.

-Thank you for your generosity!!

Tonight! Fun Mid Winter Family Celebration

Friday, December 21st, 6:30PM
in the Live Oak Outdoor
Sanctuary

Gather 'round the Yule fire under the full moon.

Dress warmly! Bring cushions or blankets to sit on.
We will have a bonfire in the new fire pit if it is safe.

Things you may bring:

Marshmallow roasting sticks or forks, your thermos with hot beverage, musical instruments, songs, stories, jokes, flashlights, and your holiday spirit!

Live Oak Holiday Project

Help us spread cheer throughout
the year!

CALM – Child Abuse Listening
and Mediation

8 therapy rooms – hundreds of children
served

Items needed:

- Play-Doh
- stress balls
- sand for sandboxes
- art supplies of all types
- finger puppets
- Bubbles

Amazon wish list created by CALM
therapist, Christine Alger:

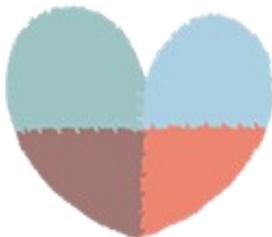
<http://a.co/7LQ2xIj>

Please bring UNWRAPPED items to:
**any service during the month of
December.**

If you would like to help deliver these gifts
in early January, please let me know.

Thank you!

Liz, for our Live Oak Social Justice Ministry
elazok@gmail.com



Lessons of Loss for Adults



Jan. 10, Jan. 16, Jan 23, Feb. 6

6:30 p.m. - 8:30 p.m.

Rev. Tamara is pleased to offer a four session curriculum which will provide a forum in which adults can discuss loss, understand how we respond during times of loss, and why. We will also examine how our Unitarian Universalist theology can comfort us in times of loss and grief.

Please note that this is not a bereavement support group per se and those who are interested in finding an ongoing community in which to discuss and understand a loss would be better served by finding an ongoing bereavement support group.

Our children and youth will also be participating in age appropriate *Lessons of Loss* curricula in the month of January and we will culminate this "all congregation" look at loss with a multigenerational service on February 10.

Attendance at all sessions is expected and class size will be limited. Please contact our Administrator, [Clacey Kahn](#), to register for this opportunity.

Social Justice News

- **Remember to contribute to our Live Oak Holiday Project** Bring items to restock CALM therapy rooms, collecting on 12/23,12/24 and 12/30 in sanctuary.
- **Climate change** is connected to the caravan at our southern border. This is a good example of the intersection of immigrants and climate change, and how they interact with each other.

https://truthout.org/articles/how-climate-change-helped-create-the-migrantcaravan/?utm_source=sharebuttons&utm_medium=mashshare&utm_campaign=mashshare#

- **Volunteers needed for the 2019 Homeless Point In Time Count**, Thursday, January 24, 2019 at 5 AM – 8:30 AM. Volunteer trainings will be held in January. Sign up on our website www.commongroundsbc.org.
- **Live Oak Social Justice Ministry Meeting**, January 23, 2019 at 4:30pm. Everyone is welcome in the Cottage! There will not be a meeting in December.

Community Activities

- **January 14: PFLAG SB meeting, 7:00-8:30 p.m.**
- **Dr. Martin Luther King Day**
9am Speakers and program at De La Guerra Plaza
10 am Unity March from De La Guerra to Arlington Theater
10:15-11 David Gorospe Trio –jazz and popular music in foyer of theater
11-12:30 Arlington Theater Program

Action Alerts: Putting our UU Values into Action

- Watch the end of the year Budget Bill and give your feedback to our Congress people. Particularly President Trump will be trying to get his wall paid for.

IMMIGRATION: The caravan of immigrants from Central America are in Tijuana and in need of assistance. Many are trying to apply for asylum. The US is limiting entry into the US by anyone so many are left with no resources in Tijuana. Assistance has been requested by the Mexican Consulate and is being delivered to Tijuana. You can help through the SB Response Network 805-699-5208.

Our Members of Congress

- Dianne Feinstein - LA office 310-914-7300, Washington office 202-224-3841 senator@feinstein.senate.gov.
- Kamala Harris - Sacramento 916-448-2787, Washington 202-224-3553 senator@harris.senate.gov.
- Salud Carbajal - Congressman-24th district, Washington 202-225-3601, San Luis Obispo office 888-202-8934, Contact through his site

**Live Oak Unitarian
Universalist
Congregation**

**Live Oak Staff and
Office Hours**

Rev. Tamara Casanova Suzuki
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by appointment

**Steven Lovelace, Director of
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Clacey Kahn, Administrator
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805.967.7867 x 1
M– F 10:00 a.m. to 2:00 p.m.

Janet Mocker, Bookkeeper
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Coordinating Team
[coordinating-
team@liveoakgoleta.org](mailto:coordinating-team@liveoakgoleta.org)

Co-sponsored by Clergy and Laity United for Economic Justice (CLUE),
Interfaith Initiative of Santa Barbara County and Home For Good Santa Barbara County

**the
longest
night**

A NATIONAL
MEMORIAL DAY
FOR PEOPLE WHO
HAVE DIED ON THE
STREETS

Friday,
December 21, 2018

6pm

Santa Barbara
Courthouse Steps
1100 Anacapa St.

Take a few moments to
remember those who
have died from
homelessness in Santa
Barbara County

Art by Leseley Grogan

THE FIRST DAY OF WINTER, THE LONGEST NIGHT OF THE YEAR

Supporting Our Members

Kevin Rose will be playing the organ at Trinity Lutheran Church on Christmas Eve - Music for the later service begins at 8:30 pm on Christmas Eve, and it will include singing of carols as well as a couple of organ solos. The church is located at La Cumbre and Cathedral Oaks.

Afternoon Book Group

Afternoon Book Group
Monday, January 7th, 2PM in the cottage at Live Oak, we will discuss *When Breath Becomes Air* by Paul Kalanithi.

Guests are welcome.

For information please contact Jeanne Northsinger
805-898-1085 jnorthsinger@gmail.com.

Happy Birthday to friends and members celebrating upcoming birthdays !



Paul Mocker 12/19, Aletha Solter 12/21, Clacey Kahn 12/23

Craig Garvin 12/31, Frank Thompson 12/31

Consider renting Live Oak for your next event! Call 805-967-7867.