

# The Acorn

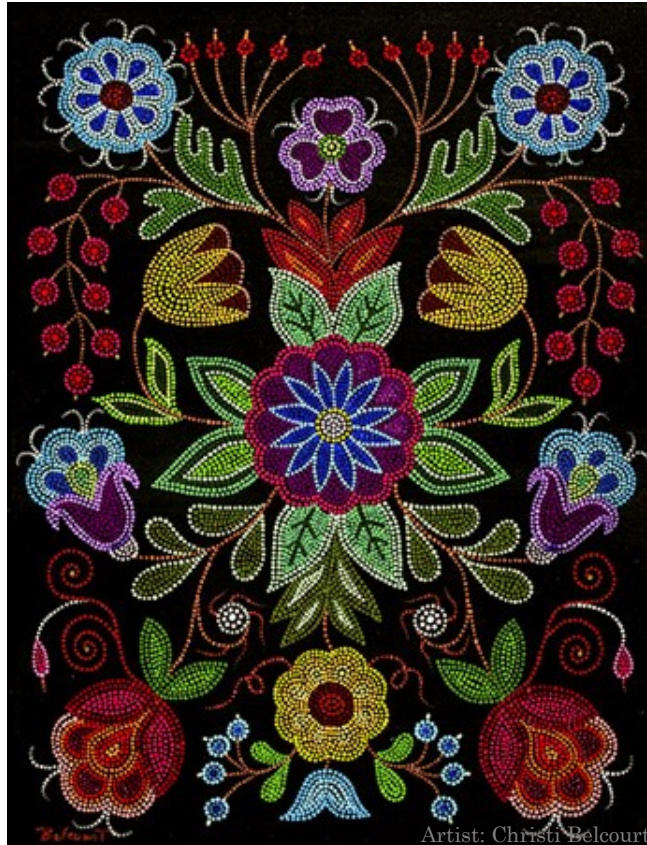
December 28, 2018

## This Week's Events and Meetings

### New Name Tags!

Membership has reworked our name tags to include a large first name for easier reading, plus other "upgrades".

If you do not see your name tag please see someone at the Welcome Table on Sunday and we will get you one as soon as possible!



Artist: Christi Belcourt

### **Turning of the Year Fire Communion**

Live Oak Worship Team

In recognition of the New Year, we set aflame that which is old and no longer of use to us. We embrace that which we wish to treasure.

### **Sunday December 30**

10:00 A.M. Worship

### **Monday December 31**

Live Oak Office Closed

### **Tuesday January 1**

Live Oak Office Closed

No Scheduled Events

### **Wednesday January 2**

6:00 P.M. Adama (S)

### **Thursday January 3**

No Scheduled Events

### **Friday January 4**

10:30 A.M Hookers & Needlers (C)

### **Saturday January 5**

No Scheduled Events

### **Sunday January 6**

10:00 A.M. Worship

S=Sanctuary, FH=Fellowship Hall,

C=Cottage

[http://liveoakgoleta.org/  
events-calendar/](http://liveoakgoleta.org/events-calendar/)

## Upcoming Services

### **January 6: One Hundred and Eighty Degrees Rev. Tamara Casanova Suzuki**

A new year and the world seems open to many possibilities. This morning, as we pause to consider options before us and our dreams of what's possible, we explore some of the potentialities holding us from achieving our dreams and hopes.

## Children's Religious Exploration

What a lovely Sunday last week, two days before Christmas. We talked "mystery" and used the word miracle in the same breath, did a very sweet silent meditation walk and settled down with milk and cookies and a ukulele serenade from Lura. Everyone was in fine spirits.

This Sunday Dec 30, RE will come together again in a single class. Steven is off this week, and Melanie and Lura will be volunteering for our last class of the year 2018. May this day offer the introspection of letting go of the old and welcoming the new. Happy New Year... bless you 2018 and welcome 2019.

### **RELIGIOUS EXPLORATION NEEDS FOR 2019.....**

This has been run every week in December and next week I will take it down. All mentioned in this are still true, so if I gathered one volunteer from here, I would be ahead one person. Thank you .

- We need volunteers to work in RE the following Sundays in 2019 (through June 2019), January 27, February 3, March 3, and every Sunday from March 31 through the beginning of June. Please contact me if you can work a Sunday or two into your calendar.
- Live Oak is looking for a child care person, 2 hours a week with potential to work events. Sundays 9:45-11:45. Grace can be here a few weeks in January thankfully, but she does need to leave. Thank you.
- If you know by Wednesday AM prior to the Sunday service that you will be in attendance, and your child would like to light the chalice, let me know. We are listing the kids' names in the Order of Service.
- RE is looking for Game Night hosts for the second Friday of the month, usually goes from 6:30-9:00, someone should open up around 6:10.

Please contact Steven at [dresteven@liveoakgoleta.org](mailto:dresteven@liveoakgoleta.org) in regards to any of these.

"Your vision will become clear only when you look into your heart. Who looks inside awakens." -Carl Jung

## Joys & Sorrows

**As a community we hold all in our loving thoughts and prayers**

- Jeri Moulder: Reported that Marie Arnold went to the emergency room and fortunately her condition was caught quickly and she is feeling better.
- Ken Solter: Shared that his brother-in-law's father died yesterday. Today is his brother-in-law's birthday.
- Kevin Rose: Announced that he was playing the organ for Christmas eve service at another church. His injured shoulder is not completely healed and the nerves in his fingers make playing a bit difficult.
- Bonnie Dutton: Asks for healing thoughts for her grandson who is struggling with mental illness and drug addiction.
- Wendy Morgan: Spoke with a full heart of joy. She made cookbooks of her mother's recipes, complete with photos, and sent them to her siblings. They were touched by the sentiments.
- Mary Jo McGrath: Shared her joy in recently welcoming her great granddaughter, Ava Lucia, a 4<sup>th</sup> generation girl.
- Emily Taber: Asked us all to remember all those who do not have shelter or safety.
- Rev. Tamara: Shared news from Sue Belanger, a former member of Live Oak now living in Washington, sending us all thoughts of her love in this season.



## Lessons of Loss for Adults



Jan. 10, Jan. 16, Jan 23, Feb. 6

6:30 p.m. - 8:30 p.m.

Rev. Tamara is pleased to offer a four session curriculum which will provide a forum in which adults can discuss loss, understand how we respond during times of loss, and why. We will also examine how our Unitarian Universalist theology can comfort us in times of loss and grief.

Please note that this is not a bereavement support group per se and those who are interested in finding an ongoing community in which to discuss and understand a loss would be better served by finding an ongoing bereavement support group.

Our children and youth will also be participating in age appropriate *Lessons of Loss* curricula in the month of January and we will culminate this "all congregation" look at loss with a multigenerational service on February 10.

Attendance at all sessions is expected and class size will be limited. Please contact our Administrator, [Clacey Kahn](#), to register for this opportunity.

## Social Justice News

- **Remember to contribute to our Live Oak Holiday Project** Bring items to restock CALM therapy rooms, collecting on 12/30 in sanctuary.
- **Excellent article** on our problems with the oil industry polluting our ground water in California, and how long it takes to make change happen.  
<https://psmag.com/environment/california-oil-field-waste-is-threatening-water-supplies>
- **\*\* Please consider this! Volunteers needed for the 2019 Homeless Point In Time Count**, Thursday, January 24, 2019 at 5 AM – 8:30 AM. Volunteer trainings will be held in January. Sign up on our website [www.commongroundsbcb.org](http://www.commongroundsbcb.org).
- **Live Oak Social Justice Ministry Meeting**, January 23, 2019 at 4:30pm. Everyone is welcome in the Cottage! There will not be a meeting in December.

### Community Activities

- **January 10: SB Progressive Coalition**, 5:30-7:00 p.m., 2707 State St
- **January 14: PFLAG SB meeting, 7:00-8:30 p.m.**
- **January 21: Dr. Martin Luther King Day**  
9am Speakers and program at De La Guerra Plaza  
10 am Unity March from De La Guerra to Arlington Theater  
10:15-11 David Gorospe Trio –jazz and popular music in foyer of theater  
11-12:30 Arlington Theater Program
- **January 27: “50 Years After the Santa Barbara Oil Spill: A Call to Action”** 3:00-5:30 p.m., Arlington Theater, sponsored by Community Environmental Council, Environmental Defense Fund, Get Oil Out (GOO,) UCSB Environmental Studies Department

### Action Alerts: Putting our UU Values into Action

**IMMIGRATION:** Let's advocate for humane, safe and just treatment for all immigrants, especially those at our southern borders asking for asylum! Check with the SB Response Network 805-699-5208 to find out how you can help!

### Our Members of Congress

- Dianne Feinstein - LA office 310-914-7300, Washington office 202-224-3841 [senator@feinstein.senate.gov](mailto:senator@feinstein.senate.gov).
- Kamala Harris - Sacramento 916-448-2787, Washington 202-224-3553 [senator@harris.senate.gov](mailto:senator@harris.senate.gov).
- Salud Carbajal - Congressman-24<sup>th</sup> district, Washington 202-225-3601, San Luis Obispo office 888-202-8934, Contact through his site



**Live Oak Unitarian  
Universalist  
Congregation**

**Live Oak Staff and  
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**Coordinating Team**  
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## Live Oak Holiday Project

**Help us spread cheer throughout the year!**  
CALM – Child Abuse Listening and Mediation

Items needed:

- Play-Doh
- stress balls
- sand for sandboxes
- art supplies of all types
- finger puppets
- Bubbles



Amazon wish list created by CALM therapist, Christine Alger:  
<http://a.co/7LQ2xlj>

Please bring UNWRAPPED items to:  
**Our upcoming December 30th service.**

If you would like to help deliver these gifts in early January,  
please let me know. Thank you!  
Liz, for our Live Oak Social Justice Ministry [elazok@gmail.com](mailto:elazok@gmail.com)

## Thank You!

Thank you to everyone who contributed to the first congregational celebration in the outdoor sanctuary. Thank you to those who put time and energy into making that space inviting and welcoming, to everyone who came with your wonderful energy for the Yule and to all who shared songs, stories and treats to make it a fun celebration. A special thank you to Michael Wittman for creating the fire circle as well as leading the renovation of that space.

-Jeanne Northsinger

### Happy Birthday to friends and members celebrating upcoming birthdays !



Craig Garvin 12/31, Frank Thompson 12/31, Gil Green 1/4, Pat Johnson 1/6  
Linda Hill 1/7, Colleen Poulsen 1/9, David Echols 1/11

Consider renting Live Oak for your next event! Call 805-967-7867.