

The Acorn

February 5, 2017

This Week's Meetings and Events

Sunday February 5

10:00 A.M. Worship
11:45 A.M. OWL (FH)
3:15 P.M. Earth-Centered Spirituality Group Imbolc Ceremony

Monday February 6

No Scheduled Events

Tuesday February 7

4:00 P.M. ECOfaith (C)
5:00 P.M. Pastoral Care (C)
6:30 P.M. Worship Ministry Meeting (C)
7:00 P.M. Sangha (S)

Wednesday February 8

7:00 P.M. Covenant Group Meeting (C)

Thursday February 9

7:00 P.M. Choir (S)

Friday February 10

Auction Set-Up
10:30 A.M. Hookers & Needlers (C)

Saturday February 11

4:00 P.M. Disco Dreams Auction at Live Oak!

Sunday February 12

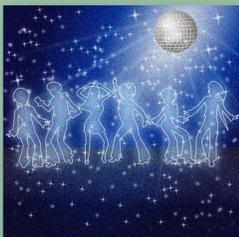
10:00 A.M. Worship
SOUPer Sunday

<http://liveoakgoleta.org/events-calendar/>

S=Sanctuary; FH=Fellowship Hall;
C=Cottage

Miss a Sermon?
No problem!
Check out past sermons by clicking on the link.

<http://liveoakgoleta.org/multimedia/>



The Live Oak Disco Dreams Auction is Almost Here!

Saturday,
February 11
4:00 P.M.



Living Joy

Rev. Tamara Casanova Suzuki

Grounding ourselves in an attitude of joy is ultimately a revolutionary choice of mind, heart, and spirit. Today we focus on what it means to live joy as a spiritual practice in a time of stress and challenges.

Half Basket

This Sunday we are donating our Half-Basket collection to Camp Think Santa Barbara. There have been exciting changes at Camp THiNK! “After four years of summer camp, we are now a year-round program replacing our three week summer camp. We want to ensure that our wonderful campers get the attention they deserve throughout the year. We have focused our efforts on helping our children get what they need to develop their academic skills and creative strengths. The children are participating in a variety of programs to address their needs and their interests: tutoring, classes in dance, music, gymnastics, art, and cheer leading. They are having lots of fun!” Please be generous in donating to our Half-Basket collection on Sunday to help these young people. Thank you for your caring!

For more information: [Youth Interactive Camp Think](#) | [Facebook](#)

Upcoming Sermons

February 12: *Big Picture Apocaloptimism for Challenging Times*

Rev. Michael Dowd

Collectively, we are stealing ravenously from the future. How did this dysfunctional relationship to posterity come about and what, if anything, can inspire us to Active Hope in the face of climate chaos and other global-scale challenges? Rev. Dowd’s pro-science prophetic message is grounded in “evidence as authority and ecology as theology.”

February 19: *Queen of Heaven* Lora Barnett

Did you know that God had a wife? Known by many names throughout ancient Mesopotamia, Her name was Asherah amongst the ancestors of the Jewish people and she was honored with cake by her devotees. Sadly, she was edited out of the Bible by later generations and thus only echoes remain. Join our ministerial student intern Lora Barnett as she explores the whispers of this ancient and beloved goddess in a text we often assume has only one God.

February 26: *A Lenten Walk* Rev. Tamara Casanova Suzuki

Join Rev. Tamara as she explores the practice of Lent and what it might mean in our lives to observe a time of examination, reflection, and ultimately, hope.

Children’s Exploration



This week in RE we embark on a journey into our 2nd UU principle via the theme of Star Wars: the development of loving kindness as a practice as a means of honoring the inherent worth and dignity of all beings. We will be exploring what it means to develop loving kindness as a spiritual practice through meditation and by **building our own** Star Wars ships. If your child has a beloved Star Wars ship that they would like to share (either one they personally built from Legos or one that they own and would enjoy sharing), please have them bring it with them on Sunday. If your child has a light saber, they are welcome to bring it with them. Jacob has been training our young Padawans in the ways of The Force. (We don’t let them hit each other with the sabers!)

Children's Exploration Continued

We have launched into OWL (Our Whole Lives Sexuality Education) this weekend and are excited to be on this journey with our 7-9th grade youth. Our facilitators are Lora Barnett, Jane Grey, Eric Schug and Scott Young (who is Lora's brother and a graduate student in psychology locally). Each Sunday the youth and facilitators will be meeting on campus- usually in Fellowship Hall but at times in the Cottage from 12-3:30pm. Please refrain from entering these spaces after 11:45am each Sunday such that we can create a safe and confidential space for our participants. Have questions about the program? Please contact Lora Barnett at lora.barnett@gmail.com.

Earth-Centered Spirituality Group

Blessed Be! This Imbolc finds us rejoicing in the much-needed rain and life flowing back into our land, in green growing things, early bulbs, and longer days. Join Live Oak's Earth-Centered Spirituality Group for some artistic play as we welcome the first signs of Spring and celebrate the changes growing around us and within us. Children are welcome at this multi-generational ritual.



When: Sunday, February 5. Gather at 3:15.

Where: At Live Oak, in the outdoor area at the foot of the parking lot.

Bring: A chair if you need one, finger food to share, and your open playful spirit!

For more information please contact Christina Cabeen at cbcabeen@cabeen.org or Jeanne Northsinger at 898-1085. RSVPs appreciated, but not required.

Social Justice News



We Are All Immigrants Saturday, February 4, 2017 De La Guerra Plaza at 2pm. The Islamic Society and Aida Aminzai is inviting us to show up! She says:

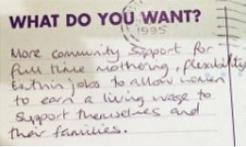
“What is happening, right before our eyes, to the rights and liberties of minorities is an absolute outrage! We cannot stand by and allow hate and fear to overwhelm us. We must stand together and make it loud and clear that we will not be intimidated. The travel ban against Muslims is a deliberate attempt to humiliate and demean Muslims in America.

Furthermore, threats of building a wall have created undue fear and anxiety that has left families with insecurity and hopelessness looming over their heads. Please join your local community members in taking a stance against hate and intimidation. No ban, No wall!!”

Please join us on Saturday, Feb 4th at 2pm at the De La Guerra Plaza where we will hear personal stories of local people who know what it is like to live as an immigrant or who have

Social Justice News Continued

families who have been affected by the recent unconstitutional and un-American acts of the new administration!



Live Oak Postcard Party after the service on Sunday February 5!
Write to our Congress people and tell them what you want! Kendra is helping to make this easier by supplying everything we need. Stop by the Postcard table and put your values into action!

Indivisibleguide.com Helping to Support our Unitarian Universalist Values By Resisting Actions of Donald Trump

To help us here at Live Oak UU Congregation in supporting our values, we may need to resist some of Donald Trump's actions and agenda. On Friday evening the group Indivisible SB held a meeting at Santa Barbara Unitarian Society. They trained us in using effective techniques to let our Congress persons and Senators know what programs we support. It was based upon the document [*Indivisible: A Practical Guide for Resisting the Trump Agenda*](#) which was written by former Congressional staffers. You can download a copy of this online. We had several Live Oakers there: Holly Cook, Melanie Jacobson, Mary Johnson, and Jan Ross among others. Rev. Tamara also spent part of her week networking with other UU ministers around a constructive and unified response to Trump's agenda and urges each Live Oaker to set aside time each week to consult the *Indivisible Action Calendar*, contact your representatives, and show up as you are able for the various actions and rallies.

Here are suggestions from that meeting that may help you support your values:

- Always work with your local members of Congress.
- The number of calls received help members of Congress (MoC) decide on their actions.
- Visits to local office of MoC are the best way to advocate
 Calls to their offices are second best
 Emails and postcards are third best
- Put your phone on speed dial to get through to MoC at busy times and keep pushing that button until a person answers (It took me about 20 minutes at a very busy time on Monday Jan30)
- When someone answers, give them your zip code and then your message ie
 " Please ask Senator Feinstein to vote "yes or no" on ____ for ____office".

Calendars to let you know about community events of support or resistance

Fund for Santa Barbara Community calendar:
www.fundforsantabarbara.org/events/calendar/

Indivisibleguide.com:
www.indivisibleguide.com/action-calendar

www.facebook.com/sbprogressivecoalition/

Social Justice News Continued

Our Members of Congress

Dianne Feinstein- LA office 310-914-7300, Washington office 202-224-3841
senator@feinstein.senate.gov.

Kamela Harris- Sacramento 916-448-2787, Washington 202-224-3553
senator@harris.senate.gov.

Salud Carbajal- Washington 202-225-3601, San Luis Obispo office
 888-202-8934, email on his site



Heart to Heart: talking about Race. Live Oakers are seeking to learn more about ourselves and the racial issues that divide our culture. **On Wednesday February 22 7-9pm** the Live Oak Unitarian Universalist community is invited to meet two long-time Santa Barbara educators and activists, Cheri Gurse and Sojourner Kincaid Rolle. Cheri and Sojourner will engage participants in a conversation about race and racism using prompts and open sharing in our sanctuary. Come and join these two wise women in this conversation!

Upcoming Social Justice Community Events

February 4 at 2pm at De la Guerra Plaza and listen to Community leaders on immigrant and refugee issues.

February 6 at 5:30 at Casa de la Raza – Progressive Coalition- A group of local lawyers will join our this meeting on February 6. They will form a new working group of the Progressive Coalition. If you are a lawyer and interested, please join! The group is interested in protecting targeted communities, responding to hate crimes, and more. Like all our working groups, they will coordinate with existing organizations like the ADL and the new ACLU chapter.

February 11 – Planned Parenthood support demonstration countering the anti-Planned Parenthood demos) Ventura has a march scheduled. Santa Barbara may also.

FUUn Team News



DINNER AND MOVIE OUTING TONIGHT!

The FUUN team is organizing a group to see the movie 'Hidden Figures' at the Fairview Theater this Friday night. The movie starts at 7:45, and we will be meeting in front of the theater at 7:30 to purchase tickets. Anyone who would like to have dinner before the movie, please meet us at 6:45 at the Santa Barbara Chicken Ranch across the parking lot by Osh. If you have questions, please call Sylvia at 451-3195 or email at sylvia805@cox.net.

Live Oak Unitarian Universalist Congregation



Live Oak is a liberal religious community welcoming all. Our generations join together to nurture spiritual growth and personal transformation, that we may be inspired to transform the world with love, hope, compassion and justice.

Contact Us

Live Oak Staff and Office Hours

Rev. Tamara Casanova Suzuki

revtamarasuzuki@gmail.com

805.967.7867 x 2

W 12:00-3:00 p.m.

Th 1:00-4:00 p.m.

and by appointment

**Lora Barnett, Ministerial
Student Intern**

lora.barnett@gmail.com

Tu 12:00-3:00 p.m.

W 12:00-3:00 p.m.

and by appointment

John Douglas, Music Director

jed805@gmail.com

805.284.2082

Clacey Kahn, Administrator

administrator@liveoakgoleta.org

805.967.7867 x 1

M-F 10:00 a.m.-2:00 p.m.

Janet Mocker, Bookkeeper

bookkeeper@liveoakgoleta.org

Coordinating Team

coordinatingteam@liveoakgoleta.org

FUUn Team News Cont.

**FREE - SOUPED UP Valentine's Day SOUPER
SUNDAY on Feb 12!**

SOUPS! SALADS! DESSERT!

Showering our Live Oak members and friends with love in the form of home cooked goodness, the FUUn Team has a little Valentine's gift up our sleeves for you. Lunch is on us on Feb 12, as we host SOUPED UP SUPER SUNDAY - Two Soups AND a Salad Bar for your dining pleasure. Green salad, Pasta Salad, Lentil Salad and more.

Mark your calendars to attend the auction from 4-8 pm on Saturday Feb 11 AND to be sure to stay for lunch on Sunday, Feb. 12. We invite you to join us and share the love on this day, and may we suggest sitting with someone you don't know very well, so that you can go home with a new friend or two? Donation jar will be out for those who feel inclined to help cover the costs of lunch, but participation is not expected.

Your FUUn Team,
Diane Green, Teka Penteriche, Sylvia Sullivan and
Liz Zok

SENIOR TEA on Saturday, March 4 from 3-5 p.m.
in the Fellowship Hall. Mark your calendars now,
details coming soon

**Happy Birthday to the following friends and
members celebrating Birthdays in February!**

If you have not shared your birthday month/date with
us and wish to do so, please contact Liz at
elazok@gmail.com.

Bea Hamlin 2/1, Jim Ross 2/4, David Hodgdon 2/5

Téka Penteriche 2/6, Steven Crandell 2/15

Aileen Chambers 2/20, Bob Newcomb 2/22

Marie Arnold 2/27