

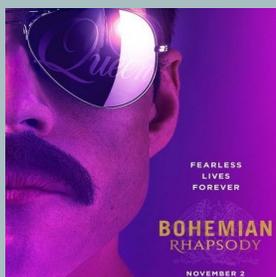
The Acorn

February Half Basket Report

2/2/19
Transition House
\$365.50

2/16/19
Showers of
Blessing
\$528.50

FUUn Team Movie Night!



[Bohemian Rhapsody](#)

This Friday,
March 1
7:00 P.M.

Daylight Savings Time Begins!



Sunday, March 10

March 1, 2019



Apologize, Amend, Forgive – A Spiritual Practice

Nic Filzen, Ministerial Student Intern, USSB

We often get stuck in a cycle of blame, grudge, and devaluing of others for the mistakes they've made. But, in a universalist tradition where everyone is saved, what would it mean to have a restorative spiritual practice of apologizing for our mistakes, amending that behavior, and forgiving those who made those mistakes? And, here's the tricky part – sometimes the person we need to forgive the most is our self.

This Week's Events and Meetings

Friday March 1

10:30 A.M Hookers & Needlers (C)
7:00 P.M. FUUn Team Movie Night (S)

Saturday March 2

No Scheduled Events

Sunday March 3

10:00 A.M. Worship

Monday March 4

2:00 P.M. Book Group (C)

Tuesday March 5

4:00 P.M. Pastoral Care
7:00 P.M. Sangha
7:00 P.M. Covenant Group Facilitators Mtg. (FH)

Wednesday March 6

11:00 A.M. Membership(C)
6:00 P.M. Adama (S)
6:30 P.M. Covenant Group

Thursday March 7

6:30 P.M. Beloved Conversations (FH)
7:00 P.M. Choir (S)

Friday March 8

10:30 A.M Hookers & Needlers (C)
6:30 P.M. Game Night (FH)

Saturday March 9

No Scheduled Events

Sunday March 10

Daylight Savings Begins
10:00 A.M. Worship (S)
11:30 A.M. Souper Sunday

[http://liveoakgoleta.org/
events-calendar/](http://liveoakgoleta.org/events-calendar/)

Upcoming Sermons

March 10: To Lose Yourself Rev. Tamara Casanova Suzuki

Our spiritual journey unfolds as we seek our path to health and integration. Albert Schweitzer wrote: *"The path of awakening is not about becoming who you are. Rather it is about unbecoming who you are not."* Let's explore what this means and how we are to lose ourselves in the journey of growing our spirit.

March 17: Transcendental Women Rev. Tamara Casanova Suzuki

It's true that every month should be Women's Month!! This morning, in honor of March being designated as Women's Month, we'll hear the stories of women often overlooked in retelling the history of the Transcendentalist movement.

March 24: Birds on a Wire Rev. Tamara Casanova Suzuki

We touch the whole, the universal, through the particular. Our abstract love of the whole must be made concrete through the love of each other in particular. Today we celebrate the end of our annual stewardship season, a living practice of turning the abstract into the concrete.

March 31: Never Give Up Sue Smiley

Life is too short sit around and complain or whine. You have to learn to do the best with the cards you are given. Come join Live Oak member Sue Smiley as she reflects on challenges met and shares her philosophy of life.

Children's Religious Exploration

Thank you to Melanie, Mary and Kelly for their time in RE last week. You are awesome! Happy March to you all... and next Sunday we get an hour of daylight back, don't forget!!

3RD-7TH GRADE: This week Christina and Pat are in RE, and they begin our March theme of "JOURNEY". Journey is about finding a path and moving along the path until you find out what is at the end of that journey. We also do this kind of journey inside each of us as a part of humankind. This week will explore the idea of "inner journey".

TEEN/COMING OF AGE:

Teens are packing it up and taking it on the road. This week we do our big "contemplation" weekend as a group. We will "journey" to Los Angeles, visit the Yogananda's beautiful Lake Shrine property and service. After the service, we will have lunch and spend time in the Museum of the Holocaust. It will be a big day.

FOOD DRIVE:

Please email me at dresteven@liveoakgoleta.org if you are interested in helping with the food drive on April 7 & 14. This is a collaborative effort to create goodwill and awareness. The food drive will be about an hour after services on those two Sundays. We will be walking the neighborhoods around Live Oak, so no cars needed. Thank you!! All ages welcomed!

Children's Religious Exploration Cont.

RE CALENDAR

- **March 3:** Coming of Age field trip to Museum of the Holocaust and Lake Shrine.
- **March 8:** Game Night with Mo & Paul-6:30 Fellowship Hall. Snacks and beverages are always welcome!
- **April 7:** Coming of Age with Tai Chi Master Rich Douvin.
- **April 7/14 Food Drive:** Membership and RE distribute/collect in the neighborhoods around Live Oak. Sign up dresteven@liveoakgoleta.org.
- **April 14:** Coming of Age mentor meeting-After services.
- **May 5:** Coming of Age service.

"And you? When will you begin that long journey into yourself?" -Rumi

Joys & Sorrows

As a community we hold all in our loving thoughts and prayers



- Rev. Tamara lit the first candle for our Live Oak Congregation – For what we have been, for what we are, and for what we will be.
- Mary Jo McGrath: A candle of concern for her older sister Eileen who is having a difficult time in a skilled nursing facility.
- Sue Smiley: Concern for a friend who has to move, but is temporarily in a place where there is no electricity because the landlord did not pay the bill.
- Janet Mocker: Concern for her friend Celine whose husband had a seizure, fell, injured his head and is in the hospital. Also she is concerned for a friend in Seattle who is having heart surgery.
- Liz Z: A candle of joy for Proud Prom and Live Oak's role in helping it begin and flourish a few years ago. Over 200 young people from the county attended this year's Prom and enjoyed a plentiful spread of desserts home-baked by a large number of Live Oakers.
- Gail Boehme: Joy that the parking lot was full at Live Oak today and as a result she had to park in the last available visitors space.

Joys & Sorrows Continued

- Gloria Liggett: Joy for the participants of Proud Prom – everyone seemed to be having a good time.
- Liz Caccese: Joy for having been a member of Live Oak for two years and welcomed the new members today.
- Kevin Rose: Joy that he had ridden his bike 50 miles this past week. Also his daughter attended Proud Prom and had fun and felt safe.
- Steven Lovelace: Joy that he has served Live Oak as our Director of Religious Exploration for two years!

Stewardship News

**JUST ADDED: NEW STEWARDSHIP EVENT DATE: MARCH 17
DON'T MISS OUT ON THE FUN!**

PLEASE BRING YOUR CALENDARS this Sunday, March 3. There are still **a few openings** for you to participate in a stewardship gathering of your choice in a member's home. Your host/hostess is eager to have you join in the fun.

The 2019-2020 Stewardship Campaign small group gatherings have openings for dinners, brunch, lunches, desserts, and afternoon tea where you will be able to participate in a time of sharing, fun, food, and pledging your support to Live Oak. We are so appreciative of the hosts and stewards for making these events happen.

Please look for our tables where you may choose and sign up for a Stewardship event that meets your schedule. If you cannot sign up in person, please note the times and events listed here and call Wendy Morgan ([805-683-5303](tel:805-683-5303)) who will help you find an event that works for you.

BRING YOUR CALENDARS Sunday and sign up for the event you want. **PLEDGE PACKETS ARE ALSO AVAILABLE AT OUR TABLE.**

Be sure to look for your pledge packet so we can save on postage.

In gratitude,

Your Stewardship Team

Jim Pearson, Jim Wells, Wendy and Carter Morgan, Roberta Weissglass, Jennifer Lamberts, Holly Cook and Carrie Topliffe

- Sunday, March 3rd : Vegetarian lasagna dinner at Jane Gray's, Santa Barbara, 6:00-8:00 PM - **FULL**
- Thursday, March 7th: Afternoon tea at Kristin Ingalls', Santa Barbara 2-4 PM

Stewardship News Continued

- Friday, March 8th: Thai vegetarian and meat meal at Jim Wells', Santa Barbara, 6:30PM
- Saturday, March 9th: Brunch at Melanie and Jim's, Goleta, 10-noon - **FULL**
- Tuesday, March 12th: Lunch at Roberta's, Santa Barbara, 12-2 PM - **FULL**
- Tuesday, March 12th: Casual dinner at Teka and Paris's, Goleta, 6:00 PM - **FULL**
- Friday, March 15th: Tapas and dessert at Sylvia Sullivan's, Goleta, 6:30 PM
- Saturday, March 16th: Authentic paella dinner at Susan Braden's, Goleta, 6:00 PM - **FULL**
- Sunday, March 17th: Lox and bagel lunch at Ron and Wilma's, Santa Barbara, noon - 2:00 PM



Adult Programs Schedule

- **March 13: Looking at Privilege Together**
Discussion led by Jan Ross
- **April 10: Healthy Eating for Ourselves and our Planet**; Begins at **6:00 P.M.** with a vegan potluck followed by a film and short discussion.
- **May 8: Prison Outreach**
Affirming Prisoners' Inherent Worth and Dignity, discussion led by Holly Cook.

Programs are held in the Sanctuary on the second Wednesday of each month at 7:00 p.m.

If you have questions, comments or would like to present a topic, please contact Sylvia Sullivan at sylvia805@cox.net or (805) 451-3195.

The Live Oak Traveling Chalice



Live Oak members Michael & Marie with the Live Oak Traveling Chalice

Live Oak has a fun new way to share our UU identity and our Live Oak spirit:

our Traveling Chalice program!

The purpose of the Traveling Chalice Program is to deepen our understanding of one of our most familiar Unitarian Universalist symbols. The light of the chalice connects us all together and is a sacred element of our beloved community.

The chalice may also be used as a symbol of hope when one is experiencing a sense of darkness. Hopefully through this program we will learn about its history and how it brings people together through learning and love. Each week a Live Oak household is taking home the Traveling Chalice, which is inside a special Chalice Box. A sign-up sheet is located in the Live Oak hallway near the offices.

More details are in the box. Sign up now for your week and PLEASE: remember to bring the box back each Sunday for the next household to take home. ENJOY!

Love, Rev. Tamara

Social Justice News



“Looking at Privilege Together” Live Oak Adult Program, March 13, 7-9 pm in the Sanctuary. Come talk about what privilege is, how we recognize our own privilege and how we can stand up for fair treatment and justice for all.

- **March 27: LO Social Justice Ministry Meeting,** Everyone is welcome in the Cottage! 4:30 p.m.

Community Activities

- **March 4: Eli Saslow,** an acclaimed author and Pulitzer Prize-winning staff writer for *The Washington Post*, will present the human stories behind one of the most divisive issues of our time – immigration. At Unitarian Society at 3pm, free but you must register through Arts & Lectures.
- **March 11: PFLAG** (Parents, Friends and Allies of LGBTQ) Monday 7:00pm – 8:30pm, First Methodist Church, 26 West Anapamu Street.
- **March 14: SB Progressive Coalition** –“Healthcare For All,” with Gary Payne, 6-7:30 pm, 2707 State St.
- **May 1: “White Racial Identity,”** Dr. Cheri Gurse and Dr. Steven Shapiro, 6:30-8:30pm, Antioch, free and open to the public.

Action Alerts: Putting our UU Values into Action

- **March 13:** SB County Planning Commission will consider **ERG's proposal** to drill 233 oil wells through the Santa Maria groundwater basin, the local drinking water for north county. Project risks include "significant and unavoidable" impacts to surface and groundwater resources, as well as to sensitive species and habitats. [Click here to oppose.](#) Also Attend the March 13 Santa Barbara County Planning Commission hearing and ask them to deny ERG's 233 oil well project in Cat Canyon. Consider making a public comment at the hearing from either the Santa Maria or Santa Barbara county buildings.
When: 9:00 a.m. - 12:00 p.m. March 13, 2019
Where: 511 Lakeside Pkwy, Santa Maria, CA 93455
- **Please help stop the destruction of the Arctic National Wildlife refuge.** Donald Trump and his administration are rushing a process to sell off land in the Arctic National Wildlife Refuge to the highest bidder and allow oil drilling in one of the last remaining wildernesses in the United States. Recent scientific research concludes that Arctic oil and gas reserves must remain in the ground to avoid dangerous levels of global warming. We now have a window through **March 13th** to make our opposition to their reckless plan known -- will you join us?

[Demand the Trump regime cease this power grab and halt any discussion of drilling the refuge.](#)

**Live Oak Unitarian
Universalist
Congregation**

**Live Oak Staff and
Office Hours**

Rev. Tamara Casanova Suzuki

revtamarasuzuki@gmail.com

805.967.7867 x 2

by appointment

**Steven Lovelace, Director of
Religious Exploration**

dresteven@liveoakgoleta.org

805.967.7867

by appointment

John Douglas, Music Director

jed805@gmail.com

805.284.2082

Clacey Kahn, Administrator

administrator@liveoakgoleta.org

805.967.7867 x 1

M– F 10:00 a.m. to 2:00 p.m.

Janet Mocker, Bookkeeper

bookkeeper@liveoakgoleta.org

Coordinating Team

coordinating-

team@liveoakgoleta.org

Live Oak Receives 5-Star Reviews on Yelp!

Walking into Live Oak I feel at home instantly. It is the surroundings that include a sunny well lit and friendly space to gather. It is the warm smiles and expressions of welcome and “good to see you” . But mostly for me, it’s the deep recognition of gathering and worshiping with other individuals seeking their own truths.

Live Oak, through its minister and ministries, continues to fill my heart and soul. The members are warm and welcoming, engaged and generous. There are opportunities for growth, lots of music, singing and good food, as well as social justice. The feeling of community is strong!

Book Club

Monday, March 4th, 2PM in the cottage at Live Oak, we will discuss *Big Magic: Creative Living Beyond Fear* by Elizabeth Gilbert.

Balancing between soulful spirituality and cheerful pragmatism, Gilbert encourages us to uncover the “strange jewels” that are hidden within each of us and infuse our everyday lives with more mindfulness and passion. Guests are welcome.

For Information please contact Jeanne Northsinger
805-898-1085 jnorthsinger@gmail.com.

Live Oak Directory

If you have been attending Live Oak, getting involved in the Live Oak community and are ready to be listed in our directory or would like to know how to access the latest directory, please let Clacey Kahn, our Administrator, know by email (administrator@liveoakgoleta.org) or by phoning the office (805-967-7867).

Happy Birthday to friends and members celebrating upcoming birthdays !



Michael Wittman 3/4, Hal Hill 3/4, Jim Pearson 3/5, Roberta Weissglass 3/7,
Laurette Valentine 3/17, Kate McGuinness 3/20, Lars Poulsen 3/22, Mary Ince 3/25

Consider renting Live Oak for your next event! Call 805-967-7867.