

The Acorn

August 16, 2019

This Week's Events and Meetings

Office Hours

Monday thru
Friday

8-12

4th Sunday of the
month

Calling all Live Oakers!

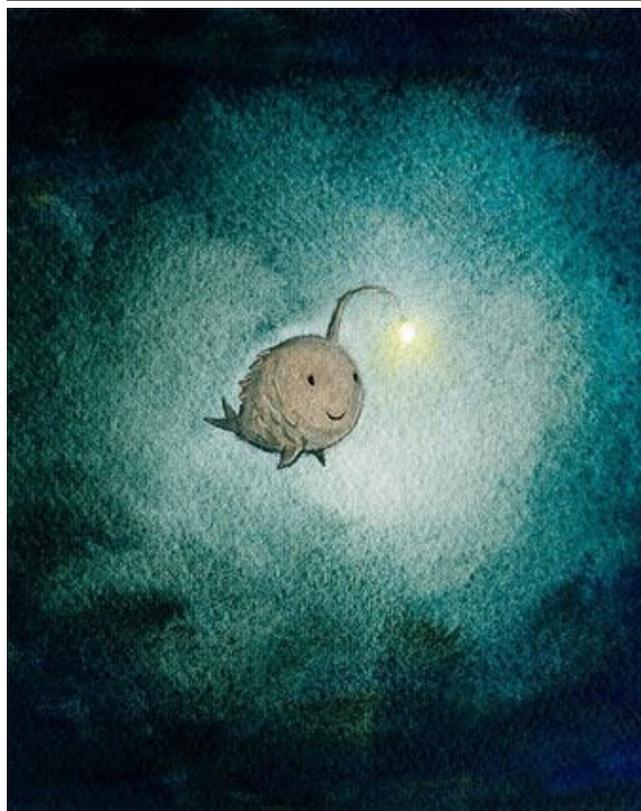
Live Oak Annual Auction Planning Meeting

September 5th at
6:00 P.M. in the
Fellowship Hall

Fun volunteer opportunities for everyone!

Questions?
Contact
administrator

[Clacey Kahn](#)



Happiness

Rev. Tamara Casanova Suzuki

In the United States Declaration of Independence we have been promised the "pursuit of Happiness" as one of our "unalienable rights." Let's dig a little deeper into the concept of happiness and how (being good citizens!) we might pursue it.



Friday August 16

10:30 A.M. Hookers & Needlers (C)
5:00 P.M. Summer BBQ at Goleta Beach

Saturday August 17

9:00 A.M. Yoga (S)

Sunday August 18

10:00 A.M. Worship
11:30 A.M. Getting to Know UU (C)

Monday August 19

5:30 P.M. Yoga (S)

Tuesday August 20

10:00 A.M. Safety Mtg.
6:00 P.M. Board Mtg. (FH)
7:00 P.M. Sangha (S)

Wednesday August 21

6:00 P.M. Adama (S)

Thursday August 22

10:00 A.M. Covenant (S)
6:30 P.M. Beloved Conversations (FH)

Friday August 23

10:30 A.M. Hookers & Needlers (C)
3:30 P.M. Committee on Ministry (C)
5:00 P.M. Summer BBQ at Goleta Beach
6:00 P.M. Board Retreat

Saturday August 24

9:00 A.M. Yoga (S)
9:00 A.M. Board Retreat

Sunday August 25

10:00 A.M. Worship (S)
11:30 A.M. Town Hall (S)

[http://liveoakgoleta.org/
events-calendar/](http://liveoakgoleta.org/events-calendar/)

Upcoming Sermons

August 25: A Summer's Chat Rev. Tamara Casanova Suzuki with Al Ronyecz

As the summer winds down, we'll spend this Sunday morning in a more casual "interview" format hearing from our minister. **Please send any questions you may have to Rev. Tamara by August 18 and our moderator, Al, will select his favorites for the service. Come enjoy!**

Children's Religious Exploration

It's a great day for a story about the Seventh Principle.. Join Krystal and Paul this week for the story of Thankful Dogs, with a chat after about how to be in world community. After that, we will hear a short story on the Fifth Principle. Then we will break out the games and have some snacks!!

This is a great time to invite friends to "come to church on Sunday". The principles are so harmless and non-confrontational and non-dogmatic.. that any kid can participate AND to be followed by a game and popcorn, even better!! Consider that when making week-end plans with friends. We love friends in RE and have enjoyed a few this summer so far!! Thank you!!

BEACH PICNIC IN THE SUMMER: Everyone is welcome to come to Live Oak's beach picnic, each Friday night from 4:00-8:00. These Friday evenings are hosted by Michael and Marie, who will provide briquettes for cooking something, and ingredients for S'mores. You would bring something to share, whatever you want to grill for yourself and your family, and your own plates and cutlery. Oh, and bring friends, other family members, kids, visiting relatives. Goleta Beach, look for the yellow Live Oak Banner. Ends Aug. 30

NEW YEAR IN RELIGIOUS EXPLORATION: Looking forward to our new year, and new look, in Religious Exploration! The new RE year begins September 15, and this summer has been really active to rebrand our interior AND exterior spaces.

We need 4 people in RE on any particular day. Being with our congregation's children is certainly a great way to "give back" to the Live Oak community. Please contact Steven at dresteven@gmail.com if you would be interested in volunteering in RE. Thank you

DATES

- Thursday, September 5: Volunteer Meeting for RE 6:00 P.M.
- Sunday, September 8: Water Communion and Congregational Picnic @ Stow Grove Park.
- Sunday, September 15: Religious Exploration begins new year!



"In the depth of winter, I finally learned that within me there lay an invincible summer."
- Albert Camus

Joys & Sorrows

As a community we hold all in our loving thoughts and prayers

- Barbara Eggemeyer: Very much appreciates all the good thoughts and get well wishes she's received. She is at home now from Cottage Rehab, recovering from her broken hip, but is NOT ready to have visitors. Cards are welcome.
- Liz Z: Joy in having a good time with family and friends in her hometown but sorrow that her wonderful 87 year old mother is struggling with a case of shingles. Prayers and loving thoughts for healing welcome.
- Steven Lovelace writes: "Please keep my family in your thoughts while I am gone on vacation. My sister Jan is in the hospital with pneumonia, and there are two other crises as well, so looking to gather good energy and redistribute to my family. Thank you and much love."

From Rev. Tamara, with gratitude

Dear amazing Live Oakers,

I am, time and again, so grateful for this community of caring, compassionate, and generous people!!

Deep gratitude to so many for understanding what it means to be part of a community and for supporting the two very well-attended memorial services we recently hosted.

Special thanks to John Douglas and Carter Morgan for music, Michael Wittman and Eric Schug for A/V, Wilma Seelye, Colleen Poulsen, Marie Arnold and Kristin Otte for reception leadership, and Kristin Ingalls and Jeanne Northsinger for service support.

Thank you also to all who understand that as part of this community, we show up to support each other. So many other people brought food and helped with logistics, or even just attended the memorial services, even if they did not directly know the person being memorialized.

With love and gratitude,
Rev. Tamara

Goleta Beach Picnics

Friday nights at 5:00

Join us for summer potluck/BBQ at Goleta Beach Friday nights from July 12 through August 30. Please bring: your own set of cutlery, plates, cups etc. and something to share. We will provide the briquettes and S'Mores. Look for the Live Oak Yellow banner. Don't forget to invite your friends and, oh yes, the children too!



-Marie Arnold and Michael Wittman

Social Justice News

Can you help set up or staff the Live Oak table at the Pride Festival on August 24? We need helpers from set-up before 11am until 7pm. Email Jan Ross jandjross@cox.net if you can help. Set Up 11-12, Staffing 12-2, 2-4, 4-6, 6-7 and take down. Please help!

Concert to support Asylum Seekers! September 7 at 7:00 P.M. at the SB Unitarian Society. Live Oak is co-sponsoring. We are working to help legal asylum seekers find housing and community outside of detention centers, especially vulnerable people such as folks who are LGBTQIA. If you can make cookies/brownies/etc. for refreshments, please let Jan Ross know. Come enjoy the music and build hope!

There is a new chapter of an advocacy support group forming in Goleta/SB area called "Society of Fearless Grandmothers." This is a support group to help others during rallies, vigils, etc. Let Jan Ross know if you would like to receive information about an organizing meeting. Here is more information: <https://www.facebook.com/fearlessgrandmothers/>.

How green is your home? How much single use plastic do you use? Can you walk, bike, or use public transportation more while lowering your use of fossil fuels? What changes would you like to make to help our earth healthier? Live Oak folks will be talking about these issues in the fall so have a look around, see what you can contribute!

- **Next LO Social Justice Ministry Meeting**, August 28, 4:30 P.M. Everyone is welcome in the Cottage!

Community Activities

- **August 17: Congressional Recess Rally against Gun Violence**, 10 am De La Guerra Plaza
- **August 24: Pride Festival and Love.Period**
- **September12: SB Progressive Coalition, Climate Crisis** - Organizing a Global Demonstration in SB, 6-7:30, 2707 State Street, Santa Barbara
- **September15: Rev. Ranwa Hammamy** preaches to Live Oak, and afternoon workshop
- **September 20-27: Global Climate Strike**
- **October 20: Live Oak service on Beloved Conversations**

Action Alerts: Putting our UU Values into Action

Stay informed & support local social, economic & environmental justice organizations by 'Liking' & 'Following' these organizations: [Casa de la Raza](#), [El Centro SB](#), [Central Coast Alliance United for a Sustainable Economy \(CAUSE\)](#), [805 Immigrant](#), [805 UndocuFund](#), [350sb.org](#), [environmentaldefensecenter.org](#)

Live Oak Unitarian
Universalist
Congregation

Live Oak Annual Water Communion & Picnic

Live Oak Staff and Office Hours

Rev. Tamara Casanova Suzuki

revtamarasuzuki@gmail.com

805.967.7867 x 2

by appointment

**Steven Lovelace, Director of
Religious Exploration**

dresteven@liveoakgoleta.org

805.967.7867

by appointment

John Douglas, Music Director

jed805@gmail.com

805.284.2082

Clacey Kahn, Administrator

administrator@liveoakgoleta.org

805.967.7867 x 1

M– F 8:00 a.m. to 12:00 p.m.

Janet Mocker, Bookkeeper

bookkeeper@liveoakgoleta.org

Coordinating Team

coordinating-

team@liveoakgoleta.org



BRING:

.....your own napkins,
plates,
silverware, cups, lawn
chair

.....a dish to share – click
the link to the right.

Please list the ingredients
and make enough for at
least 6 servings. Coolers
will be available for
perishable food.

SIGN UP: Use this [link](#) to
sign up

- bring a dish to share
- bring a game or cooler
- volunteer to help

Sign up sheet will also be
available at Live Oak on
Sundays.

Escorts will be available
for those needing
assistance from/to the
parking lot.

For more information
contact Maureen at
970-903-0957.



Happy Birthday to friends and members celebrating August birthdays !

Fermina Murray 8/10, Mary Johnson 8/12, Mary Dochterman 8/15,
Holly Cook 8/18, Christina Cabeen 8/20, Janet Mocker 8/20, Barbara Hodgdon 8/22,
Debbie Mackie 8/26, Alexandra Williams 8/27