

# The Acorn

August 17, 2018

## This Week's Meetings and Events

### SUMMER OFFICE HOURS

Monday-Friday  
8:00-12:00  
&  
4th Sunday of  
each month

### SAVE THE DATE

**September 9**  
Live Oak Annual  
Picnic and Sunday  
service at Stow  
Grove Park

**Friday,  
October 5 & 6**  
One Good Egg

**More details on  
Pg. 7**



### *A Spirit of Expectancy* Brittany Packnett

We will watch the video of the Ware Lecture from General Assembly. Brittany Packnett is a leader at the intersection of culture and justice. Cited by President Barack Obama as a leader whose "voice is going to be making a difference for years to come," Brittany serves as Teach For America's Vice President of National Community Alliances, where she leads partnerships and civil rights work with communities of color. We invite you to stay after the service for a discussion circle.

#### **Sunday August 19**

10:00 A.M. Worship  
11:30 A.M. Getting to  
Know UU (C)

**Monday August 20**  
**Live Oak Office Closed**  
No Scheduled Events

**Tuesday August 21**  
7:00 P.M. Sangha (S)

**Wednesday August 22**  
9:00 A.M. Staff Mtg.  
4:30 P.M. Social Justice (C)  
6:00 P.M. Adama (S)  
6:30 P.M. Worship Ministry  
7:00 P.M. Covenant Group

**Thursday August 23**  
10:00 A.M. Covenant  
Group

**Friday August 24**  
10:30 A.M. Hookers &  
Needlers (C)  
6:00 P.M. Board Retreat (S)

**Saturday August 25**  
9:00 A.M. Board Retreat (S)

**Sunday August 26**  
10:00 A.M. Worship  
11:30 A.M. Town Hall (S)

S=Sanctuary; FH=Fellowship Hall,  
C=Cottage

[http://liveoakgoleta.org/  
events-calendar/](http://liveoakgoleta.org/events-calendar/)

## Upcoming Sermons

**August 26: Summer Chat with Rev. Tamara** Rev. Tamara Casanova Suzuki with Al Ronyecz  
A *Summer Chat* with our minister, Rev. Tamara Casanova Suzuki, is back this year by popular demand. This Sunday worship service will be on August 26 and your questions are welcome!! Once again, questions will be selected and the conversation moderated by Al Ronyecz. **Please submit questions for this service via email to Rev. Tamara ([revtamarasuzuki@gmail.com](mailto:revtamarasuzuki@gmail.com)) no later than Sunday, August 19.**

## Children's Religious Exploration-August

**TEACHING IN R.E. AS A SPIRITUAL PRACTICE:** It is THAT time of the year again.... Looking into the academic year, seeing and planning for the next season, the number of weeks for curriculum, how to best group up the young 'uns as they get older. Practical, logistic....

I have been taking some RE online classes to bring my information base to another level here at Live Oak. One class that is particularly invigorating and useful is the Teacher Development class. There are parts of the information and teaching that just move me to tears. It can be that profound! As I am looking to expand and grow RE, I will need more teachers to come in and work along with the congregation's contribution for the next generation.

One religious educator, Dr. Barry Andrews, writes about HOW to best get through to young people. He quotes these words... "The great end in religious instruction is to awaken the soul, to excite and cherish spiritual life." As religious educators, he says, our task "is not to stamp our minds on the young, but to stir up their own; not to give them a definite amount of knowledge, but to inspire a fervent love of truth; . . . not to form an outward regularity, but to touch inward springs." He goes on to say that it does not matter how much you know about teaching, children, Unitarian Universalism... "but how much you are willing to give of yourself, of your soul."

With this in mind, he offers "The Seven Principles of Teaching Religious Education" (or Religious Exploration), and they look something like this:

**Respect the children**, respect them to the end, but also respect yourselves. Be the companions of their thoughts, the lovers of their virtue. Let them find us so true to our own selves, that they will be true to theirs."

**Be true to yourself.** Being UU is not a normative religion. Confront the children, as Sidney Harris suggests, with your own humanhood. By being exposed to a variety of adults, children and youth learn more about the possibilities of being human.

**Promote community.** A good community "likes you just the way you are." A good community leaves no child behind--not the shy, the [otherly abled], the infrequent attendee, not even the disruptive or the hard-to-reach.

**Make it sacred.** The primary reason people come to churches and bring their children is to develop a spiritual life. This is why worship is so important, not only in the

## Children's Religious Exploration-August Cont.

Sanctuary, but in the classroom as well.

**Cultivate your soul.** To be effective teachers we need to awaken and excite our slumbering souls, to rediscover a sense of wonder. As we walk the spiritual path with kids, they help us to remember.

**Grow in your faith.** By immersing yourself in your faith you will find that you will grow, as your children have done, by a process of enlargement, leading to new vistas of understanding and appreciation. This is true modeling of behavior.

**Put down roots.** Get involved in the issues facing your congregation. Make your voice heard, and be an advocate for the needs of the children and youth.

Andrews says, "Working with children and youth renews my sense of wonder and hope. And I am a better Unitarian Universalist for what they have taught me. It may be heresy to say so, but I could exist without the church. So could our children. But I do not come here just to exist; I come here to find out what it means to be a spiritual person. And the children have taught me as much about this as anyone."

Consider this a pitch to come into RE from time to time. RE needs you, needs mentors, friends and folks on a spiritual path. It promises to be a full and rich ride. Thank you for your consideration and feel free to talk to me about teaching in RE. Thank you so much!!  
-Steven

**THIS WEEK IN RE:** As we start our great wind down from Summer, we will explore creating self portraits in RE this Sunday through collage. Kids are welcome to bring pictures, cards, drawings, fabrics, photos, or anything that they might want to include on an art piece that represents WHO WE ARE. We will also have magazines, and all the supplies needed to complete this. This could possibly take 2 weeks.

**THANK YOU:** Blessings and gratitude to my Live Oak family for making it possible for me to leave and feel relaxed while the business of RE continued. Thanks to Jane, Carrie, and Rev. Tamara for teaching while I was gone, to Michael, Holly (Kaia & Riley) and Al for cranking down in the Outdoor Space. Missed you all while I was gone but it was sure good and refreshing to get out of Dodge and see my grandkids.

**VOLUNTEERS FOR THE RE OUTDOOR SPACE:** Our dear Michael Wittman is spearheading work to bring our RE Outdoor Space to a place of welcome, inspiration and... well....usefulness. Now through summer, he could use some help from anyone who can use power tools, likes to build, or who can take direction and likes to work outside. If you are available during the day and want to know more or are interested in helping, let Michael know at [michael.wittman@verizon.net](mailto:michael.wittman@verizon.net) or call/text at 807 570 0886. Thank you.

"Children...Give them a conscious understanding of how powerful and important and valuable and perfect they are." –Abraham Hicks

## Half Basket

This Sunday we are donating our Half-Basket to Camp de Benneville Pines. This is a lovely UU camp, a peaceful mountain retreat in the Barton Flats area of the San Bernardino National Forest, about 90 miles east of Los Angeles. Many of our members have spent relaxing, happy hours there. Some of our members will be visiting this fall on the last weekend of September. Southern California UUs are the people that keep this camp going so please help with this. Thank you for generosity!

To Find Out More: <http://www.uucamp.org/>

## Joys & Sorrows

**As a community we hold all in our loving thoughts and prayers**

- \* Cecilia Ramirez shared the joy that after a lot of paperwork, her application was accepted for an affordable home at The Tree Farm, and she and her son (Jacob) moved in 2 weeks ago.
- \* Marty Jenkins shared the joy that he and Bea Hamlin went to Palm Desert and, despite the 116 temperature, had a good 3-hour visit with Rev. Thomas Anastasi, our former Interim Minister. Rev. Thomas' former husband, Bob, passed away, and Rev. Thomas remarried and moved into his husband Phil's home, giving up his piano. Marty relayed how well Live Oak is doing with Rev. Tamara as our minister, and caught him up on all of Live Oak news.
- \* Marie Arnold just returned from a 4 day visit with her son's family. She shared the joy that they will be having another child in Oct. She realizes what is important to her, and decided to coordinate the Live Oak Auction on Nov. 10.
- \* Diane Green shared the joy that the Live Oak Sept. 12 picnic at Stow Park will be catered. Each participant is asked to purchase a ticket ahead of the event to help in the planning. There will be a choice of tacos, rice, beans and salads, and the FUUN Team desserts. Adult tickets are for a \$10 donation. Families get a discount.
- \* Aileen Chambers shared the joy that she is no longer working on Sun. mornings and can attend Live Oak again, after 2 years. She is now retired, taking care of her hand (which was bandaged up), and brought her boyfriend of 10 months, John, to the service today.



## Social Justice News



**Love.Period**, an interfaith celebration of LGBTQ+ people will happen on **August 25** at the Pride Festival at Chase Palm Park at 1 pm. Live Oak needs people to help staff this table between 11 am and 7 pm. Please contact Jan Ross if you can help with this ([jandjross@cox.net](mailto:jandjross@cox.net); 805-570-3133).

**A Global Call to Action from California!** Are you concerned about the changes in our climate and how this affects all people on our globe? **San Francisco Rise March for Climate, Jobs and Justice** is being planned for Sept 8.

**Are you an artist?** Submit your art for the March for Climate, Jobs and Justice!  
<https://riseforclimateart.tumblr.com/#submit-trigger>

**Global Climate Action Summit** in San Francisco Sept 12-14.

**August 22: LO Social Justice Ministry Meeting** at 4:30-6:30. Everyone is welcome!

### Community Activities

**August 18: Devereux Creek Clean Up**, 10am-12pm, meet at the corner of Phelps Rd. and Cannon Green Drive, Help the Environmental Defense Center, City of Goleta, and SB Urban Creeks Council remove trash from Devereux Creek.

**August 23: Women's Equality Day** with the Santa Barbara Women's Political Committee and Santa Barbara Public Library, 6pm at Faulkner Gallery.

**August 25: Pride Festival and Love.Period**, Chase Palm Park

### Action Alerts: Putting our UU Values into Action

**Cosponsoring DETER Act:** "Russia if you're listening..." So far two Democratic Senate midterm campaigns ([Claire McCaskill's, MO](#), and [Bill Nelson's, FL](#)) have been hacked by Russia. The Defending Elections from Threats by Establishing Redlines or the "DETER" Act ([S2313](#) and [HR4884](#)) would impose new sanctions if U.S. intelligence officials determine Russia meddled in U.S. elections. The [DETER Act would also make sanctions more automatic and aim to punish Russia's finance, energy, defense and other sectors.](#)

**Sample Script:** I'm calling from [zip code] to urge Senator Harris/Feinstein / Representative Carbajal to co-sponsor the DETER Act ( [S2313](#) and [HR4884](#) ) and bring it to the floor for a vote. We have evidence from 2 Democratic campaigns that Russia is once again hacking our elections. We need to pass this bill now.

**No Fracking in Santa Barbara County:** The Trump Administration has declared [open season for drillers to pollute 1.6 million acres of CA's public lands](#). In a [notice of intent](#) published on the Federal Register Wednesday, the Bureau of Land Management (BLM) said it would prepare an environmental impact statement on the use of fracking on 400,000 acres of public land and 1.2 million acres of mineral estate overseen by BLM in California counties including Fresno, San Luis Obispo, and Santa Barbara. Because fracking uses a high amount of toxic chemicals it is particularly dangerous for places like

## Social Justice News Continued

Santa Barbara with shallow groundwater depths.

**Email:** [blm\\_ca\\_bkfo\\_oil\\_gas\\_update@blm.gov](mailto:blm_ca_bkfo_oil_gas_update@blm.gov) directly to the Federal Register before September 7.

**Mail:** Bakersfield Field Office, Bureau of Land Management, Attn: Bakersfield RMP Hydraulic Fracturing Analysis, 3801 Pegasus Drive, Bakersfield, CA 93308

**Sample Written Script:** I strongly oppose the BLM's plans to open 400,000 acres of public land and 1.2 million acres of mineral estate overseen by the BLM to fracking. Hundreds of fracking chemicals are known to be toxic to humans and wildlife, and several are known to cause cancer, according to several peer-reviewed studies by scientists and state regulators. A 2015 report from the [California Council on Science and Technology](#) highlighted these risks.

National forests, monuments and wildlife refuges and preserves harbor sensitive ecosystems and wildlife, protect important watersheds, and are places of recreation. They deserve closer scrutiny to evaluate if fracking is appropriate in these areas. I urge the agency to restrict oil and gas development that impacts public lands and conduct a thorough review of fracking and its impacts on water, air, wildlife, and recreation.

**Violence Against Women.** [Will you become a citizen cosponsor of the 2018 reauthorization of the Violence Against Women Act?](#)

**Barbara Kuhn reminds us:** Here's an easy "To Do" between now and November. Remind your friends, neighbors, family to register to VOTE or to check to make sure they're still registered. Tell the young people in your lives to do the same, and likewise to check with their friends. Do they have proper I.D if they are asked? IN COMMUNITY DEMOCRACY THRIVES! Please share.

**Confirmation of Brett Kavanaugh's Nomination to the Supreme Court.** Let our Senators know how you feel about this nomination. Even if you know how they will vote, they need to know how many of their constituents feel strongly about this nomination.

**Immigration:** Keep the pressure on this administration to treat families humanely!

### Our Members of Congress

- \* Dianne Feinstein- LA office 310-914-7300, Washington office 202-224-3841  
[senator@feinstein.senate.gov](mailto:senator@feinstein.senate.gov).
- \* Kamala Harris- Sacramento 916-448-2787, Washington 202-224-3553  
[senator@harris.senate.gov](mailto:senator@harris.senate.gov).
- \* Salud Carbajal- Congressman-24<sup>th</sup> district, Washington 202-225-3601, San Luis Obispo office 888-202-8934, Contact through his site

## Annual Picnic



### MARK YOUR CALENDARS - SEPT. 9

Stow Grove Park, Area #1  
Sunday, September 9th  
After Service at the park

TICKETS - \$10/Adults  
\$6/Children

Complete Taco Lunch  
catered by Big Joe's Tacos  
Tacos: Carne Asada,  
Adobada (pulled pork),  
Chicken & Chorizo  
Grilled vegetables  
Rice & Beans

### Tickets presold following services through August

Drinks & dessert included

Contact Diane Green, FUUn Team for additional  
information or tickets

**\*\*\*Sunday Service will be held at Stow  
Grove Park at 10:15 with the  
picnic following!\*\*\***



## One Good Egg

Friday Oct. 5 and Saturday Oct. 6



**Save the date and BUY YOUR TICKETS  
NOW for this special event sponsored  
by our Membership Ministry! And don't  
forget to invite your friends! For  
audiences 18+.**

*What do eggs, Wendy's baked potatoes, kale, Mr. T., Crush the turtle, Uma Thurman, infertility, ayahuasca and frozen dog testicles have in common? Come to ONE GOOD EGG, a story of one woman's resilience through the absurdities of loss and the twists and turns of life, and find out!*

*ONE GOOD EGG is a scavenger hunt through my crazy, beautiful life. Please come join us for an adult bedtime storytelling hour. Wear your pajamas, loungewear or something comfortable.*

For details, to "meet" our talented performer, and to purchase tickets, please visit

<https://www.brownpapertickets.com/event/3565434>.

[www.onegoodeggshow.com](http://www.onegoodeggshow.com)

A portion of the proceeds will be donated to the local nonprofit, Santa Barbara Dance Tribe.

**Live Oak Unitarian  
Universalist  
Congregation**

**Live Oak Staff and Office  
Hours**

**Rev. Tamara Casanova  
Suzuki**

[revtamarasuzuki@gmail.com](mailto:revtamarasuzuki@gmail.com)

805.967.7867 x 2

by appointment

**Steven Lovelace, Director of  
Religious Exploration**

[dresteven@liveoakgoleta.org](mailto:dresteven@liveoakgoleta.org)

805.967.7867

by appointment

**John Douglas, Music Director**

[jed805@gmail.com](mailto:jed805@gmail.com)

805.284.2082

**Clacey Kahn, Administrator**

[administrator@liveoakgoleta.org](mailto:administrator@liveoakgoleta.org)

805.967.7867 x 1

M- F 8:00 a.m. to 12:00 p.m.

**Janet Mocker, Bookkeeper**

[bookkeeper@liveoakgoleta.org](mailto:bookkeeper@liveoakgoleta.org)

**Coordinating Team**

[coordinating-team@liveoakgoleta.org](mailto:coordinating-team@liveoakgoleta.org)

## Afternoon Book Group

Monday, September 10th, 2PM in the cottage at Live Oak, we will discuss *I Heard the Owl Call My Name* by Margaret Craven. Guests are welcome.

For information please contact Jeanne Northsinger  
805-898 1085 [jnorthsinger@gmail.com](mailto:jnorthsinger@gmail.com).

## Supporting Our Members

Barbara Hodgdon, Mary Ince, and Carrie Topliffe invite you to stop by the Faulkner Gallery during the month of August to view the Channel City Camera Club Print Exhibition. All three of us have prints on display. The Faulkner is located at 40 E. Anapamu St in Santa Barbara and is open daily during library hours.

Here is a link with details:

<https://photos.app.goo.gl/FFWsihBSi7oiaNZ26>

## Evacuation via Easy Lift

If you are in a designated evacuation zone and need transportation call Easy Lift for a **free** ride out. That number is **805-681-1181**. You do not have to be a current user of their services, handicapped or of a certain age. I learned this at a public forum organized by Salud Carbajal, Congressman 24<sup>th</sup> district. I called Easy Lift to verify this and also found that it is free. Save this number and inform others of this service. I now have it on my cell phone.

Wilma Seelye, Pastoral Care Chair



### Happy Birthday to friends and members celebrating August birthdays !

Lyn Levine 8/1, Jasmine Bailey 8/3, Liz Caccese 8/3, Ken Solter 8/9, Fermina Murray 8/10,  
Mary Johnson 8/12, Mary Dochterman 8/15, Holly Cook 8/18, Christina Cabeen 8/20,  
Janet Mocker 8/20, Barbara Hodgdon 8/22, Debbie Mackie 8/26,  
Alexandra Williams 8/27

Consider renting Live Oak for your next event! Call 805-967-7867.