

# The Acorn

July 22, 2022

## This Week's Events and Meetings

### Bitz of Bizness @Live Oak

Our **summer Beach Picnics** have resumed at Goleta Beach at around 5:00 PM on Fridays. See page 9 for an article with details if you are interested.

If you are attending live services on Sunday, we have **resumed our food collection** before the Message for All Ages. Thank you Melanie!

Here is another chance to **Get Out The Vote**, this time for Native Americans in Arizona. Check out the Social Justice article on page 6 for this important volunteer activity. Thank you Social Justice.



## *The Paradox*

**Rev. Julia Hamilton**

Our Unitarian forebear Ralph Waldo Emerson charged us to follow our own individual moral intuition above all else. But what about our need for community and relationship? This is the creative tension that lies at the heart of our faith and perhaps of life itself.

### Sunday July 24

10:00 AM Worship Service H

### Monday July 25

[9:00 AM Yoga V](#)

7:00 PM Covenant Group V

### Tuesday July 26

[9:00 AM Yoga V](#)

3:30 PM Rental-Sloane FH

7:00 PM Sangha V

### Wednesday July 27

[9:00 AM Yoga V](#)

9:00 AM Acorn deadline

### Thursday July 28

[9:00 AM Yoga V](#)

3:30 PM Rental-Sloane FH

5:00 PM RE Council V

7:00 PM Evening Book Group H

### Friday July 29

[9:00 AM Yoga V](#)

10:30 AM Hookers and Needlers V

5:00 PM Live Oak Summer Weekly Picnic @ Goleta Bch

### Saturday July 30

11:00 AM Tech Rehearsals H

### Sunday July 31

10:00 AM Worship Service H

Artist: Victor Begela



# Worship Service 07.24.22

Live Oak Unitarian Universalist Congregation of Goleta

Order of Service

July 24, 2022

*"The Paradox"*

Rev. Julia Hamilton, The Unitarian Society of Santa Barbara

AV Support, Eric Schug, Tech Support, S. Krystal McCauley

**Music for Gathering** (*begins at 9:50 a.m.*)

John Douglas, Music Director

**Prelude ~ *Rainy Days and Mondays***

Nansie Douglas

Word & music: Paul Williams & Roger Nichols

**Welcome Song ~ *Come, Come Whoever You Are #188***

Words: adapt. From Rumi, Music: Lynn Adair Ungar

**Welcome**

Jim Wells, Worship Associate

**Chalice Lighting**

**Call to Worship**

Jim Wells

**Opening Song ~ *I Wish I Knew How #151***

Words & music: Billy Taylor & Dick Dallas

**Message for All Ages ~ *The Three Sunflowers***

***This Little Light of Mine***

**Sharing of Joys and Sorrows**

Jim Wells

# Worship Service 07.24.22

**Meditation**

Jim Wells

**Meditation Response ~ *Find a Stillness #352***

Words: Carl G. Seaburg, Music: Transylvanian hymn tune

**Homily** *The Paradox*

Rev. Julia Hamilton

**Musical Response ~ *Room At The Table***

Words & music: Carrie Newcomer

Nansie Douglas

**Sharing in Stewardship**

**Closing Hymn ~ *Break Not The Circle #323***

Words: Fred Kaan, Music: Thomas Benjamin

**Benediction**

Jim Wells

**Postlude ~ *People***

Words & music: Jule Styne & Bob Merrill

Janet Mocker

**Take a 5 minute break, then please join us for Social Hour,  
both virtual and in-person.**



**Live Oak Sunday Worship  
July 24, 2022 10:00 AM**

<https://zoom.us/j/991200709>

**Meeting ID: 991 200 709**

**Dial by your location**

+1 253 215 8782 US +1 301 715  
8592 US

Find your local number:

<https://zoom.us/u/a3HkXnuGD>



## July Upcoming Services

### **July 31 *Lammas, The First Harvest, Live Oak Worship Ministry***

Join us in a celebration of the first harvest, also known as Lammas. Lammas is an earth-centered tradition of the August cross quarter - the halfway point between summer solstice and fall equinox. This is a time to give thanks for the abundance in our lives. We empty our symbolic storerooms to make space for what we might then gather in this time of transformation, of rebirth and new beginnings.

### **August 7 *Opening to Joy, Rev. Nica Eaton-Guinn***

Continuing our series of sermons presented by congregations in our cluster, our speaker is Rev. Nica Eaton-Guinn from the Chalice UU Fellowship of Conejo Valley. Joy is medicine to our hearts and minds. But how do we find joy even when life is challenging? How do we allow ourselves to experience joy when so many are suffering? Explore the importance of joy in counterbalancing the struggles of life.

### **August 14 *A Life Well Lived, Steven Lovelace***

After turning 65, taking in the life changes that becoming a senior and moving into elderhood brings. What statement does work life make? Did I contribute to the world, to the betterment of humankind? How do we collect our wisdom and continue to drive our life toward fulfillment? Questions questions questions...

### **August 21 *Earthseed: The Book of the Living, Rev. Dana Worsnop***

Rev. Dana Worsnop from the UU Church of Ventura was inspired by the writer Octavia Butler who wrote - among many other works in her too-short life - *The Parable of the Sower* and *The Parable of the Talents*. Both are books set in a dystopian future where the heroine Lauren Oya Olamina begins a journey of desperation and hope from somewhere in Southern California. Lauren Olamina has a vision of humanity surviving and even transcending an apocalypse.

**-Submitted by Drew Carter**



## STAY TUNED! Listening Circles Will Be Coming Soon!

On July 19 there were 17 volunteer facilitators from LOUUC who trained by UUA regional representative, Dr. Melissa James. The training lasted for 90 minutes on Zoom to prepare for facilitation of Listening Circles. We will be sending out a schedule soon which includes dates and times for the listening circles and ask that you respond via email, indicating which circle you would like to attend. Each listening circle will accommodate approximately 10 people. The Listening Circles will be limited to pledging Live Oak Members and Friends. One of the circles will be exclusively held on Zoom for those preferring that format.

We encourage you to participate in our sanctuary with its state-of-the-art air filtration system.

*Updated Covid Protocol moving forward:* When speaking with a mike at the pulpit or when you are in front of the Sanctuary at a Town Hall or other meeting, you may remove your mask to speak without covid-testing that day. Additionally, if you are speaking but not in front of the Sanctuary or are in the body of seating, please leave your mask on to speak.

-Your Board of Trustees

## Pastoral Care through September

For Pastoral Care needs over the summer, please first contact your Pastoral Care Ministry member (the one who contacts you periodically for check-ins). If you cannot reach them, or cannot remember who they might be, there is a member of the Live Oak Pastoral Care ministry who will serve as the main contact each week.

7/18: Cecilia Ramirez

7/25: Elaine Sears

8/1: Sylvia Sullivan

8/8: Cecilia Ramirez

8/15: Colleen Poulsen

8/22: Colleen Poulsen

**-Submitted by Rev. Tamara**



## Social Justice Upcoming Activities 07.22.22

**1. July 31, Climate Disaster Response Workshop**, 1-3 PDT, sponsored by UU Side With Love Climate team, to register:

[https://secure.everyaction.com/acs-GKO\\_Y0WY0mnRzN5kOg2?emci=ecd55d00-d8fc-ec11-b47a-281878b83d8a&emdi=edd55d00-d8fc-ec11-b47a-281878b83d8a&ceid=19284020](https://secure.everyaction.com/acs-GKO_Y0WY0mnRzN5kOg2?emci=ecd55d00-d8fc-ec11-b47a-281878b83d8a&emdi=edd55d00-d8fc-ec11-b47a-281878b83d8a&ceid=19284020)

**2. Recent news from UU General Assembly of June 2022:** The Actions of Immediate Witness passed at our GA have been published. They include Resolutions about Reproductive Justice, Anti-racism and Reparations via restorative justice, and Opposition to Privatization of Medicare. For more information: [Unitarian Universalists Reaffirm Commitment to Racial and Reproductive Justice at General Assembly](#) (Press release, June 29). We have the opportunity of studying these actions and advocating for them over the next year.

**3.** Here is another chance to **Get Out The Vote**, this time for Native Americans in Arizona. Carolyn participated in this campaign in 2020, and she felt really good about it, because Native Americans on reservations are among those most needing our help...she hopes you'll sign up to send cards to Arizona. Here is the sign-up link:  
[https://www.mobilize.us/aznativeorganizingcampaign/event/428361/?referring\\_vol=3288081&rname=Carolyn&share\\_context=signup-form-modal&share\\_medium=mailto&timeslot=3022139](https://www.mobilize.us/aznativeorganizingcampaign/event/428361/?referring_vol=3288081&rname=Carolyn&share_context=signup-form-modal&share_medium=mailto&timeslot=3022139) When you sign up for a date, that is the date you'll receive addresses. For this campaign we need to provide our own cards and stamps... USPS cards, which cost just a few cents more than stamps will work well.

*-Submitted by Jan Ross*

## Religious Exploration moving forward

Dear Live Oak,

It's July, a typically fallow time in Religious Exploration for Live Oak. We are able to meet again, and have a lovely space below our parking lot where we can be and be relatively safe. September is in two months.

It's time to think about how "we" come back together again. We can be live, we can do hybrid. To you parents out there, consider this. You will be hearing from me soon. Thank you, Steven



## Live Oak Covenant of Good Relations

In my interactions with others in this congregation, I will:

- Welcome with an open heart and mind those who wish to call LOUUC their spiritual home, seeking their own path to truth and meaning.
- Express opinions on congregational issues with the intention of helping to make this congregation a better place for myself, Live Oak members and friends, and those who have yet to cross the threshold into our beloved community.
- Value and learn from divergent beliefs and opinions and remain in respectful dialogue.
- Speak honestly and directly to everyone using thoughtful, compassionate language.
- Assume good intentions in those with whom I disagree. If possible, listen deeply to and seek resolution with them before engaging the Good Relations Ministry in conflict mediation. I understand that I may call on the members of the Good Relations Ministry for advice and assistance as needed.
- Forgive the errors and shortcomings of myself and others who contribute to our shared ministry and express gratitude for the many gifts we bring.

## New Film Club Update

Here is the next film in our LOUUC - UUFRC (Redwood City) coop: CONSCIENTIOUS PROJECTOR.

This month's documentary will be of interest to teens and adults.

### *FAST FASHION*

Films: *The True Cost* (53min)

Tubi Free or Amazon rent

Tubi: <https://tubitv.com/movies/500119/the-true-cost?start=true>

*The Problem With Fast Fashion Short* (15min)

Teen Vogue <https://youtu.be/iq0--DfC2Xk>

Meet to discuss Friday July 22 at 7:00pm. Should be a great discussion.

Via Zoom. RSVP requested

[pbfilippo@gmail.com](mailto:pbfilippo@gmail.com)

Hope you enjoy the films. Philip at UUFRC

**-Submitted by Carolyn Chaney**

## Announcements

**Service Food Collection:** Live Oak has now resumed the food collection during our Sunday worship services in the Sanctuary! For those of you who wish to donate food items during the week, the blue bin on the patio just outside the Cottage doors is still there for your contributions.

**Get Out The Vote, Native Americans:** Here is another chance to Get Out The Vote, this time for Native Americans in Arizona. In 2022, our team must reach every Native voter on Navajo, Hopi, and White Mountain Apache lands in Northeast Arizona. This election is just as consequential as the 2020 General Election to protect our Congressional majority and to fight the extremists in our state.

[https://www.mobilize.us/aznativeorganizingcampaign/event/428361/?referrer\\_vol=3288081&rname=Carolyn&share\\_context=signup-form-modal&share\\_medium=mailto&timeslot=3022139](https://www.mobilize.us/aznativeorganizingcampaign/event/428361/?referrer_vol=3288081&rname=Carolyn&share_context=signup-form-modal&share_medium=mailto&timeslot=3022139)

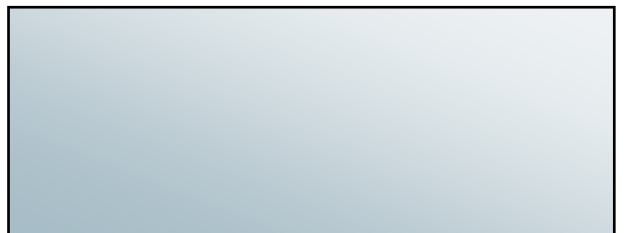
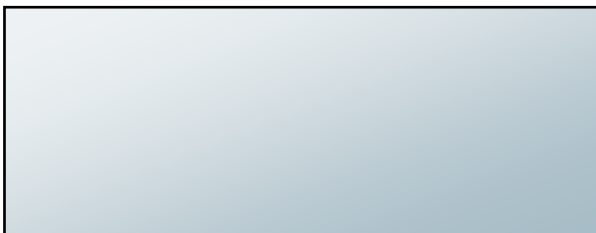
## Steven's Summer Show....*The Little Mermaid*

Every summer, Steven needs to adjust his hours in July to accommodate his theatre camp, Stage Left Productions. This year is no different!

Steven and Stage Left Productions presents "*The Little Mermaid*" Sat & Sun July 23 & 24, performances at 2:00 and 7:00 both days. Tickets are available at the door, but you can contact Steven for tickets as well, General Admission is \$15. Performance is at the Santa Barbara High School Theater, 700 E Anapamu St. It's a lovely production and fun for all ages. Thank you so much. BTW come and support David Rose, too. He has the theater bug bad and has a nice part in the show! XO Steven



-Artwork by sharyn chan





## Live Oak July Birthdays

**Paul Murray**

**7/1**

**Jan Ross**

**7/3**

**Eric Schug**

**7/14**

**Susan Jackson**

**7/16**

**Sean Noddings**

**7/17**

**Tom Boehme**

**7/18**

**Gail Boehme**

**7/21**

**Peter Kuhn**

**7/23**

**Jane Gray**

**7/29**

**Sue Smiley**

**7/29**

## Live Oak Summer Beach Potluck Resumes

Our Friday potluck picnics have begun! We usually meet around 5 pm at the tables just inside Goleta Beach Park, on the right by the horseshoe pits. What a great chance to re-connect with old friends and make some new ones.

Bring: a dish to share (salad, main, dessert, etc.), a beverage for yourself, something to barbecue (if you wish), a chair, and your good self! All are welcome, including families and friends. We will come early (around 3 pm) to save our spot and again around 5 to start a charcoal fire for the BBQ.



## Photo Gallery

## Live Oak Unitarian Universalist Congregation

### Live Oak Staff

#### Office Hours

**Steven Lovelace**  
Administrator

[administrator@liveoakgoleta.org](mailto:administrator@liveoakgoleta.org)

805.967.7867

**Summer Office Hours**  
Stay tuned for hours

**John Douglas,**  
Music Director

[jed805@gmail.com](mailto:jed805@gmail.com)

805.284.2082

**Janet Mocker,**  
Bookkeeper

[bookkeeper@liveoakgoleta.org](mailto:bookkeeper@liveoakgoleta.org)

**Steven Lovelace,**  
Director of  
Religious Exploration

[dresteven@liveoakgoleta.org](mailto:dresteven@liveoakgoleta.org)

[org](http://liveoakgoleta.org)

805.967.7867

by appointment

Thank you, Wilma. We made it to the new millenium!! Roots and Branches Program was the humble beginnings of our Covenant Groups.

