

# The Acorn

November 19, 2021

This Week's Events  
and Meetings

## Half Basket Contributions

### July-Oct 2021

07/04/21

Showers of  
Blessing  
**\$160**

08/15/21

Water Protector  
Legal Collective  
**\$232**

08/29/21

Isla Vista School  
Supplies project  
**\$217**

09/19/21

Live Oak Social  
Justice Fund -  
Disaster Relief  
**\$264.50**

10/03/21

Slingshot Art  
Studio/Alpha  
Resource Center  
**\$332**

10/24/21

UUA -  
United Nations  
**\$239**



## **Sacred Flexibility**

**Rev. Tamara Casanova Suzuki**

As we navigate this joyous yet difficult terrain, we must all exercise the utmost sacred flexibility and kindness toward each other.

Please make sure to read the *Acorn* newsletter for information about regathering and options offered for Sunday services coming soon. Our current plan is to offer both on-site and streaming choices and, as always, we welcome constructive ideas and feedback as we move forward.

### **Sunday Nov 21**

10:00 A.M. Worship Service  
11:00 AM Town Hall Mtg  
4:00 PM Coming of Age (LO)

### **Monday Nov 22**

9:00 AM Yoga

### **Tuesday Nov 23**

9:00 AM Yoga

### **Wednesday Nov 24**

9:00 AM Yoga  
**9:00 AM Acorn deadline**

### **Thursday Nov 25**

HAPPY THANKSGIVING

### **Friday Nov 26**

9:00 AM Yoga

### **Saturday Nov 27**

11:00 AM Tech Rehearsal

### **Sunday Nov 28**

10:00 A.M. Worship Service

(MEETINGS ARE VIRTUAL  
UNLESS NOTED  
LO=Live Oak)

[Google Calendar -  
November 2021](#)

Artist: Lyle Hatch



**Worship Service 11.21.21****Live Oak Unitarian Universalist Congregation of Goleta****Order of Service****November 21, 2021*****Sacred Flexibility*****Worship Service by the Reverend Tamara Casanova Suzuki****A/V support: Eric Schug; Tech support: S. Krystal McCauley****Music for Gathering** (begins at 9:50 a.m.)

John Douglas, Music Director

**Prelude** ~ *Everything Must Change*

Words and music: Bernard Ighner

Luana Psaros

**Welcome Song** ~ *We Sing Now Together #67*Words: Edwin Buehrer; Music: Adrian Valerius's *Nederlandtsch Gedenckclanck***Welcome**

Jim Wells, Worship Associate

**Chalice Lighting****Call to Worship****Opening Song** ~ *Words That We Hold Tight #179*

Words: Based on a text by Bishop Dr. Adedeji Ishola; Music: Traditional Yoruba tune

**Message for All Ages**

Steven Lovelace, Director of Religious Exploration

**Sharing of Joys and Sorrows****Meditation****Congregational Response** ~ *Though I May Speak with Bravest Fire #34*

Words: Hal Hopson; Music: Traditional English tune

## Worship Service 11.21.21

**Homily**

*Sacred Flexibility*

Rev. Tamara Casanova Suzuki

**Musical Response** ~ *I Am Willing*

Words and music: Holly Near

Nansie Douglas

**Sharing in Stewardship**

Jan Ross

**Closing Song** ~ *Rivers of Grace*

Words and music: Carla Gates

**Benediction/ Chalice Extinguishing**

**Postlude** ~ *Humble and Kind* Nansie Douglas

Words and music: Lori McKenna

**Live Oak Sunday Worship**  
Nov. 21, 2021 10:00 AM

<https://zoom.us/j/991200709>

**Meeting ID:** 991 200 709

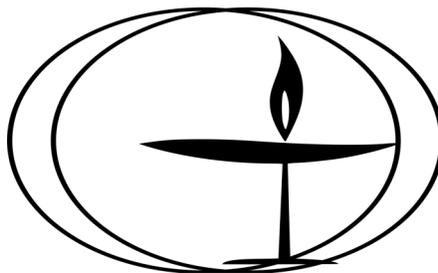
**Dial by your location**

+1 253 215 8782 US +1 301  
715 8592 US

Find your local number:

<https://zoom.us/j/991200709>

**Five-minute break and then all are invited to re-gather for our Town Hall meeting.**



**Live Oak on-site protocol when attending in person**

**Aiming for our first in-person and Zoom service on December 5**  
**Live Oak Sunday Service on-site protocol**

Please stay home and join the service via Zoom if you are sick (running a temperature and/or having cold like symptoms) or have been exposed recently to someone with Covid.

Only fully vaccinated individuals (with boosters) are able to gather in person.

Everyone must wear masks at all times (N95 or surgical), maintain social distancing, and observe hand hygiene.

Please arrive early to be screened (show proof of vaccination record and affix clearance sticker on name badge) Thank you!

## Upcoming Services

**November 28**      **Adapting to the Moment**

Drew Carter and Kendra Wise

Live Oak members Kendra Wise and Drew Carter will share their reflections on a year of pandemics and lock downs. We'll celebrate the sometimes invisible ways that our community holds us up as we've adapted to a new way of living and working together.

## Religious Exploration 11.21.21

**THIS WEEK IN RELIGIOUS EXPLORATION**

### COMING OF AGE

Teens meet with Mary and Rachel at Live Oak this week. We need to plan to be there 3:45-4:45 to not be in the dark at the end of class. Thanks to the teens for their engagement last week. Please check your emails regarding meeting with Steven around requirements and the Dec. 12 RE Multi-gen.

### ELEMENTARY AGES

Bless you Gennie Badone Assili, for your time and ideas with our Elementary Group. Your self portrait class was a total success. Happy to see these kids too!! Appreciating the sacred art energy that came forth last Sunday. Let's do it again Sunday Dec. 12 from 11:30-12:15 with our elementary age kids.

### SUNDAY DECEMBER 12-RE MULTI-GEN

Please join us on Sunday Dec. 12 for the Religious Exploration MultiGenerational service at 10:00 AM. Our plan is to do a live pageant in the Sanctuary. "December Spirits" is a thoughtful take on holidays and all the light they require.

Contact Steven [dresteven@liveoakgoleta.org](mailto:dresteven@liveoakgoleta.org) for RE/kid related items



## Meeting Protocol at Live Oak from your Board

*October 20, 2021 Subject to change as conditions change.*

Thank you from your Board of Trustees: Larry Bishop, Rev. Tamara Casanova Suzuki, Holly Drayton, Mary Johnson, Clacey Kahn, Wendy Morgan, Megan Moyer (President), Teka Penteriche

- Groups of up to twelve participants are currently allowed to meet in person at Live Oak.
- Provide remote option for any member wishing to attend via phone or Zoom.
- Please stay home if you're sick such as running a temperature and/or having cold like symptoms.
- Each meeting host is responsible for ensuring all participants have signed the Live Oak Waiver. Blank copies may be found on the desk in the Administrator Office. Leave filled in copies also on desk.
- Each meeting host is responsible for ensuring participants have not recently been exposed to someone with Covid and have no symptoms.
- Only vaccinated individuals (with boosters if eligible) should be meeting in person.
- Meeting outdoors is highly recommended. If members of the group choose to meet indoors, use the sanctuary or other well-ventilated room with windows and doors open.
- All must wear masks at all times, maintain social distancing, and observe hand hygiene.
- If necessary, please use restroom in Farmhouse closest to the kitchen and use the supplied items to clean up after yourself. We do not have a cleaning service employed at this time.
- No food or drink sharing please.
- Optional but recommended are to bring/use a portable air filter if meeting indoors, and encourage all to wear highly protective masks rather than cloth masks.

## Monitors Needed for Rentals

As we approach the idea of reopening, we also get closer to offering our Live Oak campus as a rental. We are already getting some calls, and we need to be prepared if we are back in the space rental market. What we need from our congregants are MONITORS.

An Event Monitor greets the renter and stays on site during the event. They walk through the campus with the renter before and after their event to make sure everything is "as it should be". They are on site for emergencies. AND since your presence is a service to Live Oak, you would be paid \$15 an hour. Usually, it is a minimum of three hours.

If you are interested, willing, or both, reach out to Steven at [administrator@liveoakgoleta.org](mailto:administrator@liveoakgoleta.org). Thank you so much.

## Coordinating Team addition

Hey Live Oakers,

The Coordinating Team is looking to expand by adding a third lay person to the team. The Coordinating Team (CTeam) meets monthly and looks at the Operational concerns of Live Oak.

Interested congregants should contact Board President Megan Moyer at [meganwmoyer@gmail.com](mailto:meganwmoyer@gmail.com). Thank you so much!

## Water Tower Rehab and Beautification

What a gift we have received. Major kudos and love to Jonathan Barnes, who just spent a week making the Water Tower usable and beautiful again. Jonathan is Mary Ince's son and dear friend to this congregation and RE. Please stroll down to our RE Outdoor Space and see the newly painted and repaired Water Tower and Youth Hangout.

In the land of gratitude and in particular, our RE Outdoor Sanctuary, Michael Wittman has been a tireless advocate. Michael was instrumental in Jonathan's involvement and rehab, orchestrating all the supplies and working closely with Jonathan. How blessed are we to have these two creative and driven men to turn their attention to this major RE project. Blessings to you both and THANK YOU is such a small thing to say.

## Social Justice Upcoming Activities 11.21.21

1. **Nov 20, Transgender Day of Remembrance**, 5:30 pm, at SB Courthouse under the arch, masks are required, please bring proof of vaccination or negative Covid test within 72 hours.  
For more info email [info@sbtan.org](mailto:info@sbtan.org)
2. **Thanksgiving-** As we celebrate Thanksgiving this next week, take some moments to think about how we can honor Native Americans in a different way than the inaccurate story upon which Thanksgiving is based. Many Native people view Thanksgiving as a National Day of Mourning for their ancestors and their struggles to survive. Currently many are involved in the struggle for clean water as pipelines cross their lands and demonstrators are sprayed with icy water or roughed up in the process of obtaining fossil fuels to provide more income to corporations.
3. **What can we do?** Let's begin by listening, and by telling the true story of what happened. My ancestors were among those who pushed the Wampanoag off their ancestral lands in New England. Let us recognize the treaties that were broken and what possibilities exist to right some of these wrongs, especially healthcare, violence against women, land and clean water disparities. May we be grateful for the care taken of this North American continent by native people. May we reach out and find out what help they would appreciate.
4. **From Glasgow, COP 26.** "A Just Climate Change Adaptation Needs Arts and Culture" <https://yaleclimateconnections.org/2021/11/a-just-climate-change-adaptation-needs-arts-and-culture/>
5. National Resources Defense Council (NRDC) is asking Californians to **stand up to the Fossil Fuel Industry and say** #NoDrillingWhereWe'reLiving.

[https://act.nrdc.org/letter/6248-ca-setbacks-comments-211104?source=EMOCADPET&tkd=3253999&utm\\_source=alert&utm\\_medium=text&utm\\_campaign=email&t=8&akid=16937%2E3253999%2EIKqZVK](https://act.nrdc.org/letter/6248-ca-setbacks-comments-211104?source=EMOCADPET&tkd=3253999&utm_source=alert&utm_medium=text&utm_campaign=email&t=8&akid=16937%2E3253999%2EIKqZVK)

## Live Oak Holiday Project

### The holidays will soon be upon us!

Our SJ Ministry has decided on 3 options for our Live Oak Holiday Project this year. You can:

A) Participate in Transition House's Secret Santa program by purchasing children's wish list items online which will be shipped directly to TH. Do this at:

<https://www.transitionhouse.com/holidaygiving/>

B) Donate a NEW sweater or sweatshirt, socks or sleeping bag for needy families served by Adam's Angels. You can drop these off at Live Oak (there is a box outside the social hall) or at Liz Zok's house ([elazok@gmail.com](mailto:elazok@gmail.com)) by Dec. 10. Or pack a gently used purse or backpack with toiletries for Adam's Angels. See suggested items for the purse project here: <https://adamsangels.life/donate/purse-project/>

C) Give generously in the half basket on Dec. 5, to be split between the two programs.

Thank you for your generosity!

## Amazon.smile.com

How many of us Live Oakers and friends use Amazon to order items? (That's what I thought!) How would you like for each purchase you make to donate a bit to our beloved community?

I invite you to join my family and me in donating to Live Oak each time you make a purchase. This is a FREE service that has the potential of adding up to a significant amount of income for Live Oak:

(1) Sign up at [smile.amazon.com](https://smile.amazon.com)

2) Designate Live Oak Unitarian Universalist Congregation Goleta as your chosen charity.

3) Use [smile.amazon.com](https://smile.amazon.com) each time you shop (not the regular amazon.com portal.) All your information and your chosen charity will be stored and shopping is as simple as going to [smile.amazon.com](https://smile.amazon.com) each time and watching your donations add up! Thank you in advance for taking a few minutes to sign up and support Live Oak!!

-Rev. Tamara



## Half Basket Blurb for Acorn 11.21.21

This week we are donating half of our collection basket to CAUSE, Central Coast Alliance United for a Sustainable Economy. CAUSE is committed to “social, economic, and environmental justice for working-class and immigrant communities in California’s Central Coast. They build grassroots power through community organizing, leadership development, coalition building, civic engagement, policy research, and advocacy.”

CAUSE does wonderful work in helping our immigrant neighbors find safe homes, and develop skills needed to live and work in our area. They do hands on help and advocacy in Sacramento for farm workers and immigrants. Right now they are working on stopping unjust evictions, especially in areas in Santa Barbara that are gentrifying. They keep justice as their goal in all areas.

Please be generous as you donate on Sunday!

## Food Collection Continues

Thanks as always to those of you who continue to generously contribute food to the Santa Barbara Food Bank. Your generosity is truly heartwarming!

This terrific organization is filling an even larger-than-usual need in our community. We are glad to have Live Oak support their efforts, and workers at the Food Bank continue to express their appreciation!

Items that are particularly appreciated include: canned goods such as tuna, fruit, beans, and soups; peanut butter; pasta; rice; cereal. We gather items every Tuesday.

Now that the painting project is completed at Live Oak, you can once again donate food in one of the three regular ways on any day of the week:

- (1) You can drop off donations in boxes that we have put out at Live Oak on the patio just outside of the cottage;
- (2) You can drop off in a box we have left outside of our front door at home: 6542 Camino Caseta in Goleta; or
- (3) You can get in touch with us via email ([morganfamily1@cox.net](mailto:morganfamily1@cox.net)) for a pickup at your home. Just leave food donations in a bag (preferably paper) outside of your door.

Thanks for your support of families in our community!  
Carter and Wendy Morgan

### Live Oak November Birthdays

Marty  
Jenkins  
11/4

Diane Green  
11/12

Sheri Scott  
11/26

Lorenzo  
Lara  
11/26

## Live Oak Photo Gallery



**TOP:** Gloria and the Chumash singers at Dia de los Muertos. They sang in the native Chumash language. Photo:Wendy

**MIDDLE:** A TRUE Acorn fan, photographed by Michael at the Botanic Garden

**BOTTOM:** Wilma offers another scrap book page from the Live Oak history books.

### Live Oak Unitarian Universalist Congregation

#### Live Oak Staff and Office Hours

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We meet  
Summer