

The Acorn

November 5, 2021

This Week's Events and Meetings

My Reasons By Anonymous

What is it about
sad poems,
or poems about
love,
which are often
melancholic,
that I love so
much,
well..for a non-
alcoholic,
I need an es-
cape,
cause I sin,
and I bleed,
and it's always
my fault,
but when I'm
writing,
my pen bleeds,
and these lines
don't judge,
the page has no
choice,
but to love me,
WHY would I
come here
when I'm happy,
no need to
comfort some-
one with a smile.



Finding Your Why Megan Moyer

Remember this song, "**All I wanna do is have some fun - I've got the feeling I'm not the only one**"? The implication is that we all want to be happy and to have fun – all the time. If this is what you're striving for then you may have fallen into "the happiness trap." What does happiness really mean? How can we find happiness and meaning when life so obviously involves pain?

Sunday Nov 7
10:00 A.M Worship Service
4:00 PM Coming of Age (LO)

Monday Nov 8
[9:00 AM Yoga](#)

Tuesday Nov 9
[9:00 AM Yoga](#)
1:00 PM Coordinating Team
6:30PM Worship Ministry

Wednesday Nov 10
[9:00 AM Yoga](#)
9:00 AM Acorn deadline
2:30 PM Social Justice
5:00 PM Committee on Minis-
try

Thursday Nov 11
[9:00 AM Yoga](#)
5:00 PM Good Relations Min-
istry

Friday Nov 12
[9:00 AM Yoga](#)
10:30 AM Hookers & Needlers

Saturday Nov 13
11:00 AM Tech Rehearsal
1:30 PM Regathering Task
Force

Sunday Nov 14
10:00 A.M Worship Service
4:00 PM Coming of Age (LO)

(ALL MEETINGS ARE VIRTUAL
RIGHT NOW UNLESS NOTED
LO=Live Oak)

[Google Calendar -
November 2021](#)

Worship Service 11.07.21

Live Oak Unitarian Universalist Congregation of Goleta

Order of Service

November 7, 2021

Finding Your Why

Worship Service by Megan Moyer & Kristin Ingalls

A/V support: Marty Jenkins; Tech support: Drew Carter

Music for Gathering (*begins at 9:50 a.m.*)

John Douglas, Music Director

Prelude ~ *Make Someone Happy (From Do Re Mi)*

Nansie Douglas

Words: Betty Comden & Adolph Green; Music: Jule Styne

Welcome Song ~ *When We Are Gathered, #359*

Words: Grace Lewis-McLaren; Music: Charles Hubert Hastings Parry

Welcome

Kristin Ingalls, Worship Associate

Chalice Lighting

Let There Be Light

Let there be light

The light of joy, the light of happiness, and the light of contentment

May it illuminate our paths and fill our lives with peace

And let there be dark

For it is from our dark places that we are brought forward

Tried and tested

And impelled toward growth

It is in these places that we realize compassion and learn to love

And there was day and there was night.

And there was joy and there was sorrow.

And it was good.

~ by Andrew Pakula

Kristin Ingalls

**Live Oak Sunday
Worship
Nov. 7, 2021
10:00 AM**

<https://zoom.us/j/991200709>

Meeting ID: 991 200 709

Dial by your location

+1 253 215 8782 US

+1 301 715 8592 US

Find your local number:

<https://zoom.us/j/991200709>
<https://zoom.us/u/a3HkXnuGD>

Call to Worship

Kristin Ingalls

Worship Service 11.07.21

Opening Song ~ *Faith is a Forest*, #194

music: Shelley Jackson Denham; words: Chinese Folk Song, Adapt. By I-to Loh

Message for All Ages

Steven Lovelace, DRE

Sharing of Joys and Sorrows

Megan Moyer

Meditation

Megan Moyer

Congregational Response ~ *Just as Long as I Have Breath*, #6

words: Alicia S. Carpenter; music: Johann G. Ebeline

Homily

Finding Our Why

Megan Moyer

Musical Response ~ *Both Sides Now*

words & music: Joni Mitchell

Nansie Douglas-

Sharing in Stewardship

Kristin Ingalls

Half Basket – Wilderness Youth Project

Gloria Liggett

Closing Song ~ *Let This Be a House of Peace*, #1054

words & music: Jim Scott

Benediction

Postlude ~ *Into Each Life Some Rain Must Fall*

words: Allan Roberts; music: Doris Fisher

Nansie Douglas

Five-minute break and then all are invited to re-gather for our after-service social hour.

Upcoming Services

November 14

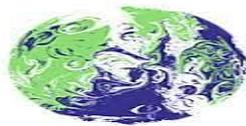
Right Regrets

Rev. Tamara Casanova Suzuki

It is said that maybe all one can do is hope to end up with the right regrets. This morning we explore this idea on multiple levels as we seek ways to free ourselves and move forward.

Social Justice Upcoming Activities 11.07.21

1. Friday, Nov 5-Sunset Climate Strike at 5 pm at Campus Point at UCSB. Bring your phone and/or a flashlight! Speakers and Sunsets! Sponsored by Fearless Grandmothers, SBCAN, UCSB Environmental Affairs Board, and Sunrise SB. "The sun is setting on Climate action COP 26!" United Nations Climate Change Conference 2021 (COP 26) October 31- November 12, in Glasgow, Scotland.



**UN CLIMATE
CHANGE
CONFERENCE
UK 2021**
IN PARTNERSHIP WITH ITALY

2. Nov 8, PFLAG SB virtual support meeting, run by trusted PFLAG Santa Barbara leaders. Once they have settled into, and made safe, our virtual space, they will have some kind of prompt followed by sharing and support..to

Register [Click Here to Register](#)

3. Nov 10 -Facebook Logout Campaign, To combat Facebook's continuing practices of "ignoring disinformation for profit (including negative impact on the mental health of teen girls, human trafficking and other human rights violations and boosting divisive content,") a group of organizations have agreed to log off Facebook and/or Instagram. For more info: <https://thefacebooklogout.com/about/>

4. Nov 10 Hospice Illuminate Speaker Series, 6 pm. Hospice of Santa Barbara and Mi Vida Mi Voz, present: *Navigating Our New Reality*, A Conversation in Spanish Translated to English Virtual Event and the entire community is invited to attend. Latino leaders will speak about the anxiety and fear that has been generated as a result of the pandemic and how this impacts how we adapt to our new reality. Simultaneous English translation will be provided. Free and registration is required. <https://bit.ly/3BI753Q>

Meeting Protocol at Live Oak from your Board

October 20, 2021 Subject to change as conditions change.

Thank you from your Board of Trustees: Larry Bishop, Rev. Tamara Casanova Suzuki, Holly Drayton, Mary Johnson, Clacey Kahn, Wendy Morgan, Megan Moyer (President), Teka Penteriche

- Groups of up to twelve participants are currently allowed to meet in person at Live Oak.
- Provide remote option for any member wishing to attend via phone or Zoom.
- Please stay home if you're sick such as running a temperature and/or having cold like symptoms.
- Each meeting host is responsible for ensuring all participants have signed the Live Oak Waiver. Blank copies may be found on the desk in the Administrator Office. Leave filled in copies also on desk.
- Each meeting host is responsible for ensuring participants have not recently been exposed to someone with Covid and have no symptoms.
- Only vaccinated individuals (with boosters if eligible) should be meeting in person.
- Meeting outdoors is highly recommended. If members of the group choose to meet indoors, use the sanctuary or other well-ventilated room with windows and doors open.
- All must wear masks at all times, maintain social distancing, and observe hand hygiene.
- If necessary, please use restroom in Farmhouse closest to the kitchen and use the supplied items to clean up after yourself. We do not have a cleaning service employed at this time.
- No food or drink sharing please.
- Optional but recommended are to bring/use a portable air filter if meeting indoors, and encourage all to wear highly protective masks rather than cloth masks.



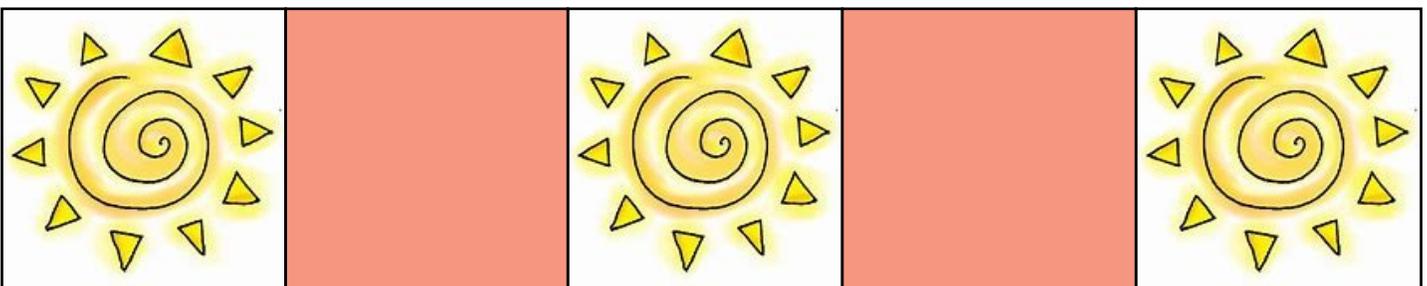
Committee on Ministry

The Committee on Ministry says farewell and thank you to Jim Pearson and Wendy Morgan for their many years of dedicated service. In fact, both Wendy and Jim have been members of this team from the very beginning of Reverend Tamara's tenure at Live Oak. The Committee on Ministry now welcomes S. Krystal McCauley and Carter Morgan as they join Sheri Scott and Priscilla Marchus on this committee, which may be unfamiliar to some members of Live Oak.

The Committee on Ministry helps the minister actively review and reflect on her ministry in relation to Live Oak. Because a minister's work is potentially boundless, as active members of the congregation, we help Rev. Tamara determine where best to direct her energies and how to balance her time as she serves us. As you can imagine, this has been especially important as Rev. Tamara, and all of us at Live Oak, have been met with unprecedented challenges during the COVID-19 pandemic.

Toward this goal, the members of this committee also communicate their perceptions of the health of all of Live Oak's ministries. **The well-being of the congregation is our central concern.** A congregation is a complex institution, with many elements dependent on the active support of volunteers who serve various ministries to meet their individual needs and improve the breadth and reach of Live Oak. The Committee on Ministry considers the interplay of these ministries whether worship, social justice, religious education, membership, pastoral care, or any of the many others essential to the continued vigor of Live Oak's mission and our collective vision.

We are both a sounding board for our minister and her bellwether alerting her of congregational needs. We are also available to listen and assist if any member of Live Oak has concerns or input regarding the minister that cannot for some reason be addressed through direct communication with the minister. We invite input and/or questions from all at Live Oak as we continue our ministry of focusing on the health and well-being of both our congregation and our minister.



Good Relations Ministry

Allow me to introduce you to the Good Relations Ministry (GRM). What is the Good Relations Ministry you ask? We are not to be confused with the Committee on Ministry. The function of the GRM is to: Foster right relations throughout congregational life, monitor the wellbeing of our church community, and lovingly and confidentially address any conflicts that may arise between congregants. The GRM is currently comprised of Jim Ross (chair), Laurette Valentine, Barbara Hodgdon, and Jane Gray. As with all ministries Rev. Tamara is an ex-officio member of the Good Relations Ministry. We are available to anyone who is needing assistance to deal with congregant-to-congregant issues. Feel free to call us.

Religious Exploration 11.07.21

THIS WEEK IN RELIGIOUS EXPLORATION

COMING OF AGE

The teens will be back with Mary and Rachel at Live Oak on Sunday Nov 7th at 4:00, AND Sunday the 14th and 21st...All at Live Oak. ALSO it is November so TEENS reach out to your mentor for your meeting on "Faith".

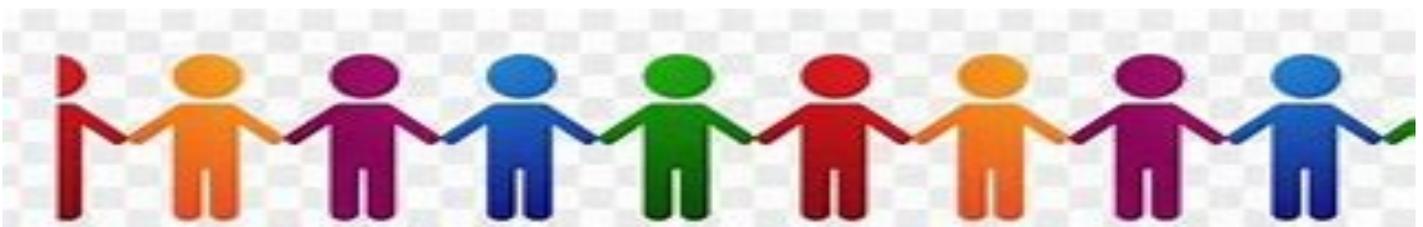
ELEMENTARY AGES

To the parents of elementary age students under 12: Thanks for getting back to me. We will meet on the second Sunday of the month for RE for now. The Board has approved our meeting in person with the Guidelines that Coming of Age is following, mask, social distance, outdoors, signed waiver. Time: **11:30 A -12:15 P**. We will be down in the Outdoor Space. See you elementary families on **Nov 14th** when Gennie Badone Assili will be co-leading with me.

SUNDAY DECEMBER 12-RE MULTI-GEN

RE is looking for a potential Holiday pageant, with possibly 6-8 parts only, a span of holiday thoughts that are not exclusively Christmas related but more open. Thoughts, ideas or you are great at coming up with stuff...let Steven know. Thank you so much. Can't believe it's already November!!

Contact Steven dresteven@liveoakgoleta.org for RE/kid related items



Monitors Needed for Rentals

As we approach the idea of reopening, we also get closer to offering our Live Oak campus as a rental. We are already getting some calls, and we need to be prepared if we are back in the space rental market. What we need from our congregants are MONITORS.

An Event Monitor greets the renter and stays on site during the event. They walk through the campus with the renter before and after their event to make sure everything is "as it should be". They are on site for emergencies. AND since your presence is a service to Live Oak, you would be paid-\$15 an hour and usually. Usually, it is a minimum of three hours.

If you are interested, willing, or both, reach out to Steven at administrator@liveoakgoleta.org. Thank you so much.

Food Collection Continues

Thanks as always to those of you who continue to generously contribute food to the Santa Barbara Food Bank. Your generosity is truly heartwarming!

This terrific organization is filling an even larger-than-usual need in our community. We are glad to have Live Oak support their efforts, and workers at the Food Bank continue to express their appreciation!

Items that are particularly appreciated include: canned goods such as tuna, fruit, beans, and soups; peanut butter; pasta; rice; cereal. We gather items every Tuesday.

Now that the painting project is completed at Live Oak, you can once again donate food in one of the three regular ways on any day of the week:

- (1) You can drop off donations in boxes that we have put out at Live Oak on the patio just outside of the cottage;
- (2) You can drop off in a box we have left outside of our front door at home: 6542 Camino Caseta in Goleta; or
- (3) You can get in touch with us via email (morganfamily1@cox.net) for a pickup at your home. Just leave food donations in a bag (preferably paper) outside of your door.

Thanks for your support of families in our community!
Carter and Wendy Morgan

Announcements

Our own Sue Smiley is performing at SBCC in a student showcase of Christopher Durang plays. "Laughing with Durang" is under the direction of Matt Talbott, and features five Durang plays and an all student cast. "Laughing with Durang" is playing at SBCC's Jurkowitz Theatre and runs from November 10-20, Wed-Sat at 7:30 PM; Sat & Sun @ 2:00 PM. [These plays do have adult language and content.](#)

All Covid protocols apply: masks worn inside of theatre, proof of vaccination or negative Covid test within 72 hours must be presented. Tickets you say?? www.theatregroupsbcc.com or call the Box Office at 805 965 5935.

From our neighbors, the Hansons: Thank you so much for including our eggs in the newsletter. We have a very happy egg-producing flock this year, so there is an abundance of eggs. We sell them at cost, which we have calculated at \$6/ doz. They are organic as is everything our chickens eat. The egg box is in our driveway, self serve.

We also take re-used egg cartons. Many of our egg buyers bring back our cartons when they come back for more or drop off other empty cartons they have in the house.

PS We are the kids in the picture in your last newsletter. Thank you for the Bridge!

Kevin, Lauren (Mom and Dad), Jane, Jack, Jill and Joy Hanson (other side of the creek)



FEAR, SUNRISE, FEARLESS GRANDMOTHERS AND SBCCAN PRESENT:

SUNSET CLIMATE STRIKE

THE SUN IS SETTING ON CLIMATE ACTION, COP26 LAST CHANCE

AT CAMPUS POINT, BRING A PHONE AND/OR FLASHLIGHT!

@UCSBFB
@SUNRISFMVMTSB
FEARLESSGRANDMOTHERSSB.ORG
SBCCAN.ORG

SPEAKERS AND SUNSETS!
CLIMATE ACTION STARTS AT 5PM
NOV 6TH

**Live Oak
November
Birthdays**

Marty
Jenkins
11/4

Diane Green
11/12

Sheri Scott
11/26

Lorenzo
Lara
11/26

Live Oak Photo Gallery



**Live Oak
Unitarian
Universalist
Congregation**

**Live Oak Staff and
Office Hours**

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by appointment

**Steven Lovelace,
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Religious Exploration**
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**John Douglas,
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jed805@gmail.com
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Administrator
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805.967.7867 x 1

**Janet Mocker,
Bookkeeper**
bookkeeper@liveoakgoleta.org

Coordinating Team
coordinatingteam@liveoakgoleta.org

TOP: Sunset over Live Oak, and it's a beautiful place to be.

MIDDLE: Putting "Humpty Dumpty" back together again, and she is looking sweet!

BOTTOM: Robb and Carter climbing around helping put Humpty Dumpty back together again. Thanks Gentlemen!!

Photos by Michael Wittman as well as supervising the sprucing up of our campus,. Thank you MW-You are something else!!!