

The Acorn

"Poem in a Time of Peril"

Of course truth is hard.
It is a rock.
Yet I do not think it will fall upon me
And crush me.
I do not think they can hammer it to bits
And stone me.

Help me place the rock in the strong current
Of these rushing waters.
I must climb upon it.
I must know how truth feels.
When I plunge naked into the bright depth of these waters,
I must know how truth feels.
When I am swept by the cold fury of these waters,
I must know, with my whole being, how truth feels.
I shall remember how truth feels.

I praise the rock.
I praise the river.
I fear the drought
More than death by water.

by Barbara Rodhe

September 10, 2021



Water Communion Ingathering Rev. Tamara Casanova Suzuki

You are invited to our virtual multi-generational "homecoming" water service as we reaffirm our bonds of love and community with one another and with Mother Earth. Please **have some water and a plant near your viewing device for our virtual service on Sept. 12.**

This Week's Events and Meetings

Sunday Sept 12

9:00 AM Religious Exploration
10:00AM Worship Service

Monday Sept 13

9:00 AM [Yoga](#)

Tuesday Sept 14

9:00 AM [Yoga](#)
1:00 PM Coordinating Team
6:30 Worship Ministry

Wednesday Sept 15

9:00 AM [Yoga](#)
9:00 AM Acorn deadline
11:00 AM Membership
7:00 PM Covenant Group Facilitators

Thursday Sept 16

9:00 AM [Yoga](#)
5:00 Good Relations Ministry
5:30 PM Covenant Group

Friday Sept 17

9:00 AM [Yoga](#)
10:30 AM Hookers & Needlers

Saturday Sept 18

11:00 AM Tech Rehearsal

Sunday Sept 19

9:00 AM Religious Exploration
10:00 A.M. Worship Service

(ALL MEETINGS ARE VIRTUAL
RIGHT NOW)

[Google Calendar - September 2021](#)

ARTIST: Maurice Sapiro

Worship Service 09.12.21**Live Oak Unitarian Universalist Congregation of Goleta****Order of Service September 12, 2021*****Water Communion / Fall Ingathering*****Worship Service by the Reverend Tamara Casanova Suzuki
A/V Support Michael Wittman; Tech support Drew Carter****Music for Gathering** (*begins at 9:50 a.m.*)

John Douglas, Music Director

Prelude ~ *Fazenda (Farm)*

Words & music: Nelson Angelo Cavalcanti Martins

Teka Penteriche

Welcome Song ~ *Morning Has Come* #1000

Words & music: Jason Shelton

Welcome

Holly Drayton, Worship Associate

Chalice Lighting

Each of us comes to this sacred gathering today to dip into the well that nourishes our hungry spirits.

Each of us comes with our own goodness to pour into the well.

As we light our chalices, let us ignite our common hopes, our shared dreams, our mutual commitment to a world healed and made whole.

May we be strengthened in our bonds of love and peace.

Call to Worship

Rev. Tamara Casanova Suzuki

Opening Song ~ *Blue Boat Home* #1064

Words: Peter Mayer; Music: Roland Prichard

Message for All Ages

Steven Lovelace, Director of Religious Exploration

This Little Light of Mine

Worship Service 09.12.21

Sharing of Joys and Sorrows

Meditation

Congregational Response ~ *We Would Be One* #318

Words: Samuel Wright; Music: Jean Sibelius

Water Communion

Musical Meditation ~ *Água de beber (Water to Drink)* Teka Penteriche

Words & music: A. C. Jobim & Vinicius de Moraes; English lyrics: Norman Gimbel

Sharing in Stewardship

Closing Song ~ *Watching the River Run*

Words & music: Kenny Loggins & Jim Messina

Benediction

Postlude ~ *River of Life*

Words & music: Rebecca Troon

Teka Penteriche

Five-minute break and then all are invited to re-gather for our social hour and time of sharing.



Live Oak Sunday Worship
September 12, 2021 10:00 AM

<https://zoom.us/j/991200709>

Meeting ID: 991 200 709

Dial by your location

+1 253 215 8782 US +1 301 715 8592 US

Find your local number: <https://zoom.us/u/a3HkXnuGD>



Upcoming Services

September 19

Impossibly Possible

Rev. Tamara Casanova Suzuki

In *The Phantom Tollbooth*, Norton Juster writes "So many things are possible just as long as you don't know they're impossible." Today we spend some time considering what may be possible, both personally and in our world at large.

Covenant Groups "Open Enrollment" at Live Oak!

We are bringing the covenant group experience to more people at Live Oak! We currently have four very robust and thriving groups and seek to offer the opportunity for other Live Oak members and friends to participate. Especially in this challenging time, we invite all Live Oakers to consider joining a group.

Covenant groups (also called Small Group Ministry) are groups of up to ten people who covenant, or promise, to meet once each month to explore various topics and to share in each other's lives and spiritual journeys. The covenant group experience allows people to deepen their Sunday morning worship experience, to address and ponder questions of faith and life, to connect with a small group of Live Oak members and friends, and to express gratitude through service. If this experience of intimacy, reflection, and spiritual growth sounds like something you are looking for, now is your chance! All groups currently meet in virtual space.

For more information please contact Rev. Tamara.

To sign up, send your name, contact info, and your availability (days and times) to Rev. Tamara.

All requests should be received by **September 19th**.



Religious Exploration 09.12.21

THIS WEEK IN RELIGIOUS EXPLORATION

Our 10:00 AM Sunday service is a multi-generational service, so kids and adults gather here today, no 9:00 RE. Hoping that the whole family will enjoy the lovely Water Communion Ingathering, which is the beginning of our year. RE Classes for the 2021-22 academic year begin next week Sunday Sept. 19. Hope to see all RE Students next week.

COMING OF AGE ORIENTATION

Live Oak Eighth Graders and older are invited to participate in this year's Coming of Age program, which will explore our values and identity using the UU lens as these teens take steps toward adulthood.

Holding smaller orientations to accommodate everyone, and please use our Sunday link for those...

<https://zoom.us/j/9954380524?pwd=UzZORVVKbnhBamtqT2craHE0Y255UT09>

Meeting ID: 995 438 0524

Password: 007564

Mary Dochterman and Rachel Iler-Keniston will be co-facilitators, and the first Coming of Age class will be October 3.

RE CALENDAR FOR SEPT/OCT

Sunday Sept 12 10:00 AM Water Communion Multi-Gen service NO 9:00 RE

Sunday Sept 19 9:00 AM New Religious Exploration Year PLEASE REGISTER

Sunday Sept 26 10:00 AM Multi-gen service NO 9:00 RE

Sunday Oct 3 Time TBD Coming of Age begins

REGISTRATION FOR RELIGIOUS EXPLORATION

Please check out our online registration, and if parents can, get these back to RE by Sept 19. Coming of Age must fill these out as well as the CoA registration.

<https://liveoakreg.aidaform.com/louuc-children-s-re-registration-media-release-copy>

<https://liveoakreg.aidaform.com/louuc-code-of-conduct>

<https://liveoakreg.aidaform.com/medical-release>

<https://liveoakreg.aidaform.com/children-information>

From Your Board of Trustees re: GATHERING

Like many of you, we had hoped that the situation regarding our eventual in-person re-gathering for Live Oak Sunday services and meetings would be different at this point.

*However, due to the increase in COVID-19 cases in Santa Barbara County, **all in-person gatherings sanctioned by Live Oak, both indoors and outdoors, are suspended until further notice.** Thank you for your ongoing understanding as we seek to keep our congregation as safe as possible.*

In service,

Megan Moyer (President), Clacey Kahn (VP), Larry Bishop, Rev. Tamara Casanova Suzuki, Holly Drayton, Mary Johnson, Wendy Morgan, Teka Penteriche

Food Collection Restarts- Painting is Completed

We want to give special appreciation to Michael Wittman, Roberta Weissglass, and the rest of the Facilities Team for their terrific work in getting Live Oak buildings painted. Our campus looks great!!

Thanks as always to those of you who continue to generously contribute food to the Santa Barbara Food Bank. Your generosity is truly heart-warming!

This terrific organization is filling an even larger-than-usual need in our community. We are glad to have Live Oak support their efforts, and workers at the Food Bank continue to express their appreciation!

Items that are particularly appreciated include: canned goods such as tuna, fruit, beans, and soups; peanut butter; pasta; rice; cereal. We gather items every Tuesday.

Now that the painting project is completed at Live Oak, you can once again donate food in one of the three regular ways on any day of the week:

- (1) You can drop off donations in boxes that we have put out at Live Oak on the patio just outside of the cottage;
- (2) You can drop off in a box we have left outside of our front door at home: 6542 Camino Caseta in Goleta; or
- (3) You can get in touch with us via email (morganfamily1@cox.net) for a pickup at your home. Just leave food donations in a bag (preferably paper) outside of your door.

Thanks for your support of families in our community!

Carter and Wendy Morgan

Social Justice Upcoming Activities 09.12.21

- 1. Monday, Set 13 PFLAG-SB virtual meeting.** They will be talking about “The pressures and questions facing LGBTQ+ people and their families.” Check this website to register and obtain a link. <http://www.pflagsantabarbara.org/monthly-meetings>
- 2. Please make sure you vote in the recall election for Governor Newsom,** either using your mail-in ballot and an election drop box or at your polling place on **September 14th**!
- 3. Coastal Clean Up Day 2021, Saturday September 18,** 9 am-12 pm Get outside, enjoy nature, and remove marine debris from our beaches and waterways, <https://exploreecology.org/coastal-cleanup-day/>
- 4. Sunday, September 19, 12 pm PDT, One Year Later: Honoring the Life and Legacy of Justice Ruth Bader Ginsburg,** Free · Online Event by the National Women’s History Museum, on Facebook.
- 5. Oct 5 at 6pm, Webinar about legislation to pass single payer healthcare (AB 1400)** in California. More info: info@medicare4all.org

SB Community Input On Mental Health and Covid

Globally and nationally, the COVID-19 pandemic has negatively affected many people's mental health and created new challenges for people already suffering from mental illness and substance use disorders. In order to ascertain and respond to needs locally, the County of Santa Barbara, in partnership with community mental health and wellness partners and stakeholders, is seeking input to help determine mental health and substance use disorder services to meet the needs of our community.

In June, the County Board of Supervisors authorized the use of federal ARPA funding (American Rescue Plan Act) to expedite an assessment of mental health needs resulting from COVID 19, and to develop a plan to initiate identified priority services in conjunction with partners to promote recovery and resiliency in individuals and our overall community.

The whole community is invited to respond to a short 10- to 15-minute survey during September. Data gathered through the survey will be used to identify and tailor services to meet the needs of community members. The survey is available electronically in [English](#) and [Spanish](#), and on the County’s website at recoveryabc.org/covid-recovery/.

5 Ways to Take Action for Afghan Refugees

From Rev. Tamara:

There was a question about ways to help out. I offer this as a partial answer. 5 Ways to Take Action for Afghan Refugees (from the Unitarian Universalist Service Committee)

1. Reach out to your local refugee resettlement agency. There are a number of ways individuals and congregations can support refugee resettlement in their community. Reach out to your [local Office of Refugee Resettlement](#) to find out how you can provide support for children and families with refugee status.

2. Support organizations who have been working on the front lines of this issue for years, advocating for and providing legal services to Afghan Special Immigrant Visa applicants and refugees. Groups who have led the way on these issues include the [International Refugee Assistance Project \(IRAP\)](#) and [Lutheran Immigration and Refugee Service](#). Check out their websites to learn more about how to support their work.

3. Are you an attorney and/or JD? Volunteer to help Afghan families. Ellen Smith, the Executive Director of [Keeping Our Promise](#), is seeking pro bono attorneys and JDs to support Afghan families navigating the humanitarian parole process. You can reach her at the following email address if you have legal qualifications and are able to assist: Ellen Smith: Ellen@keepingourpromise.org

4. Read and share UUSC's organizational statement on the Afghan refugee crisis. Want to know UUSC's stance on the current humanitarian crisis and how the U.S. government should respond? Check out the official [statement](#) from UUSC's President and CEO Rev. Mary Katherine Morn and share it with your networks.

5. Advocate on social media. U.S. elected leaders need to hear that we expect them to do everything in their power to evacuate Afghan refugees to safety on U.S. soil, and that we have a historic obligation as a country to welcome them to our communities. You can Tweet at the President and Secretary of State @POTUS and @SecBlinken with hashtags including #AfghanEvac #EvacuateAfghans #GetThemtoGuam #SaveOurAllies #EvacuateOurAllies and more.



**Live Oak
September
Birthdays**

Helen Gordon
9/7

Sandra Martin
9/11

JJ Kahn
9/13

Melanie
Jacobson
9/20

Ron Kronenberg
9/20

Sylvia Sullivan
9/20

Holly Drayton
9/21

Ellen Hamilton
9/21

Mary Ann
Kaestner
9/22

Jonathan Young
9/29



Live Oak Photo Gallery



LEFT: Kristin Ingalls friend "Buddy" having a "Where's Waldo" moment. Apparently, he loves bunnies.

RIGHT: Who doesn't love babies? Meet Steven's niece, Denali, named after the great mountain in Alaska. His little brother's first grandbaby and isn't she a peach?



**Live Oak
Unitarian
Universalist
Congregation**

**Live Oak Staff and
Office Hours**

Rev. Tamara Casanova Suzuki
revtamarasuzuki@gmail.com
805.967.7867 x 1
by appointment

Steven Lovelace,
Director of
Religious Exploration
dresteven@liveoakgoleta.org
805.967.7867
by appointment

John Douglas,
Music Director
jed805@gmail.com
805.284.2082

Administrator
administrator@liveoakgoleta.org
805.967.7867 x 1

Janet Mocker,
Bookkeeper
bookkeeper@liveoakgoleta.org

Coordinating Team
coordinatingteam@liveoakgoleta.org