

The Acorn

September 17, 2021

This Week's Events and Meetings

Within the Heart of the Flower

By Amy Zucker Morgenstern

Within the heart of the flower, the fountain of beauty

Within the heart of the community, a fire that warms and dances

Within the heart of each of us, a spark of the spirit of life.

Holy,
holy,
holy.



“Impossibly Possible”

Rev. Tamara Casanova Suzuki

In *The Phantom Tollbooth*, Norton Juster writes “So many things are possible just as long as you don’t know they’re impossible.” Today we spend some time considering what may be possible, both personally and in our world at large.

Sunday Sept 19

9:00 AM Religious Exploration
10:00AM Worship Service

Monday Sept 20

9:00 AM [Yoga](#)
1:30 PM Covenant Group

Tuesday Sept 21

9:00 AM [Yoga](#)
1:00 PM LO Staff Meeting
6:00 PM Board Mtg

Wednesday Sept 22

9:00 AM [Yoga](#)
9:00 AM Acorn deadline

Thursday Sept 23

9:00 AM [Yoga](#)
6:00 PM Evening Book Group

Friday Sept 24

9:00 AM [Yoga](#)
10:30 AM Hookers & Needlers

Saturday Sept 25

11:00 AM Tech Rehearsal
9:00 AM Regathering Task Force

Sunday Sept 26

9:00 AM Religious Exploration
10:00 A.M. Worship Service
11:00 AM Town Hall Meeting

(ALL MEETINGS ARE VIRTUAL RIGHT NOW)

[Google Calendar - September 2021](#)

ARTIST: Christian Schloe

Worship Service 09.19.21**Live Oak Unitarian Universalist Congregation of Goleta****Order of Service****September 19, 2021*****Impossibly Possible*****Worship Service by the Reverend Tamara Casanova Suzuki****A/V support: Eric Schug; Tech support: S. Krystal McCauley****Music for Gathering** (*begins at 9:50 a.m.*)

John Douglas, Music Director

Prelude ~ *The Impossible Dream* (from *Man of La Mancha*)

Nansie Douglas

Words: Joe Darion; Music: Mitch Leigh

Welcome Song ~ *I've Got Peace Like a River* #100

Words: vs. 1-3, Marvin Frey, vs. 4-6, Anonymous; Music: Marvin Frey

Welcome

Jeanne Northsinger, Worship Associate

Chalice Lighting**Call to Worship****Opening Song** ~ *We'll Build a Land* #121 (vs 1, 2, 4)

Words: Barbara Zanotti (Isiah/Amos); Music: Carolyn McDade

Message for All Ages

Steven Lovelace, Director of Religious Exploration

Sharing of Joys and Sorrows**Meditation**

Worship Service 09.19.21

Congregational Response ~ *I Know This Rose Will Open* #396

Words & music: Mary Grigolia

Homily

Impossibly Possible

Rev. Tamara Casanova Suzuki

Musical Response ~ *Blackbird*

Words & music: Paul McCartney

Nansie Douglas

Sharing in Stewardship

Carolyn Cheney

Closing Song ~ *We've Got the Whole World in Our Hands*

Adapted from traditional African-American spiritual

Benediction/Chalice Extinguishing

Postlude ~ *How Far I'll Go* (from *Moana*)

Words & music: Lin-Manuel Miranda

Luana Psaros

Five-minute break and then all are invited to re-gather for our social time.



Live Oak Sunday Worship September 19, 2021 10:00 AM

<https://zoom.us/j/991200709>

Meeting ID: 991 200 709

Dial by your location

+1 253 215 8782 US +1 301 715 8592 US

Find your local number: <https://zoom.us/u/a3HkXnuGD>



Upcoming Services

September 26 Blessing of the Animals
Rev. Tamara Casanova Suzuki

Join us for this very special multigenerational service to bless the animals with whom we share and have shared our lives.

- All are welcome to have your animal companion near your computer or device for our Zoom service OR to have a photo or representative stuffed animal with you.
- Also, all are welcome to have a photo of a beloved animal who is no longer living with you this morning as we will have a special time to remember the animals we hold dear.

Covenant Groups “Open Enrollment” at Live Oak!

We are bringing the covenant group experience to more people at Live Oak! We currently have four very robust and thriving groups and seek to offer the opportunity for other Live Oak members and friends to participate. Especially in this challenging time, we invite all Live Oakers to consider joining a group.

Covenant groups (also called Small Group Ministry) are groups of up to ten people who covenant, or promise, to meet once each month to explore various topics and to share in each other's lives and spiritual journeys. The covenant group experience allows people to deepen their Sunday morning worship experience, to address and ponder questions of faith and life, to connect with a small group of Live Oak members and friends, and to express gratitude through service. If this experience of intimacy, reflection, and spiritual growth sounds like something you are looking for, now is your chance! All groups currently meet in virtual space.

For more information please contact Rev. Tamara.

To sign up, send your name, contact info, and your availability (days and times) to Rev. Tamara.

All requests should be received by **September 19th**.



Religious Exploration 09.19.21

THIS WEEK IN RELIGIOUS EXPLORATION

PLEASE join us on Sunday Sept 19 at 9:00 AM as we start our 2021-22 year. We are starting on Zoom this week and hopefully we can stay safe for a while longer and get to a different place in this pandemic. In the meantime, thank goodness for Zoom and online gatherings.

If you are in Coming of Age, we would love to see you and all be together, since that will not happen much this year.

COMING OF AGE

Mary Dochterman and Rachel Iler-Keniston will be co-facilitators, and the first Coming of Age class will be October 3. Please get the Coming of Age registration back to me and thank you (sent as an email attachment, will include again this week.

RE CALENDAR FOR SEPT/OCT

Sunday Sept 19 9:00 AM New Religious Exploration Year PLEASE REGISTER
 Sunday Sept 26 10:00 AM Multi-gen service **NO 9:00 RE**
 Sunday Oct 3 Time TBD-Coming of Age begins

REGISTRATION FOR RELIGIOUS EXPLORATION

Please check out our online registration, and if parents can, get these back to RE due Sept 19. Coming of Age forms have been emailed to you and must fill these out and return.

<https://liveoakreg.aidaform.com/louuc-children-s-registration-media-release-copy>

<https://liveoakreg.aidaform.com/louuc-code-of-conduct>

<https://liveoakreg.aidaform.com/medical-release>

<https://liveoakreg.aidaform.com/children-information>

**Live Oak
Religious Exploration**

**Time: September 19, 2021
9:00 AM**

Join Zoom Meeting

<https://zoom.us/j/9954380524?pwd=UzZORVVKbnhBamIqT2craHE0Y255UT09>

Meeting ID: 995 438 0524
Password: 007564

Social Justice Upcoming Activities 09.19.21

Coastal Clean Up Day 2021, Saturday September 18, 9 am-12 pm Get outside, enjoy nature, and remove marine debris from our beaches and waterways, To find specific locations and to sign up, <https://exploreecology.org/coastal-cleanup-day/>

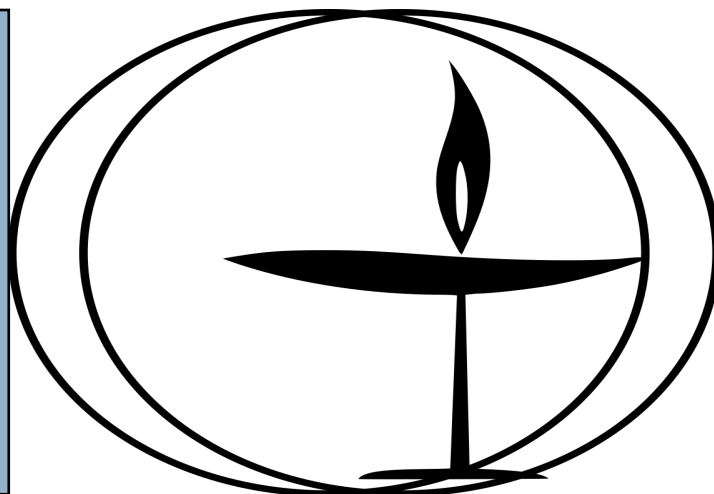
Voices from the Holy Land video Salon, free, **Sunday September 19 at noon**, panel discussion of current streaming video, "*Valentino's Ghost: Why We Hate Arabs*". To register and get more info: tinyurl.com/VFHLseptember2021

Sunday, September 19, 12 pm PDT, One Year Later: Honoring the Life and Legacy of Justice Ruth Bader Ginsburg, Free Online Event by the National Women's History Museum, on Facebook.

September 23, 6pm, Race to Save the World, League of Women Voters (LWV) and Community Environmental Counsel (CEC) are sponsoring watching the documentary (\$10) and a Zoom panel about climate activism. To register and get more info about watching the doc ahead of the panel: [Click on this link.](#)

Thursday, September 23, Interfaith Sanctuary Alliance All Call Meeting on Zoom, 7 pm. Find out the latest information about immigrants (Afghan and others). Join Zoom meeting [Click on this link](#)

Oct 5 at 6pm, Webinar about legislation to pass single-payer healthcare (AB 1400) in California. More info: info@medicare4all.org.



Food Collection Restarts

Thanks as always to those of you who continue to generously contribute food to the Santa Barbara Food Bank. Your generosity is truly heart-warming!

This terrific organization is filling an even larger-than-usual need in our community. We are glad to have Live Oak support their efforts, and workers at the Food Bank continue to express their appreciation!

Items that are particularly appreciated include: canned goods such as tuna, fruit, beans, and soups; peanut butter; pasta; rice; cereal. We gather items every Tuesday.

Now that the painting project is completed at Live Oak, you can once again donate food in one of the three regular ways on any day of the week:

(1) You can drop off donations in boxes that we have put out at Live Oak on the patio just outside of the cottage;

(2) You can drop off in a box we have left outside of our front door at home: 6542 Camino Caseta in Goleta; or

(3) You can get in touch with us via email (morganfamily1@cox.net) for a pickup at your home. Just leave food donations in a bag (preferably paper) outside of your door.

Thanks for your support of families in our community!

Carter and Wendy Morgan

Happy Autumn Equinox September 22

Happy Autumn Equinox September 22nd!

Mabon is a modern Pagan festival marking the autumnal equinox. It is the second of the three Pagan harvest festivals, which include Lammass/Lughnasadh (Aug. 1st) and Samhain (Oct. 31st).



May we find balance in our lives as we find it in our hearts.

SB Community Input On Mental Health and Covid

Globally and nationally, the COVID-19 pandemic has negatively affected many people's mental health and created new challenges for people already suffering from mental illness and substance use disorders. In order to ascertain and respond to needs locally, the County of Santa Barbara, in partnership with community mental health and wellness partners and stakeholders, is seeking input to help determine mental health and substance use disorder services to meet the needs of our community.

In June, the County Board of Supervisors authorized the use of federal ARPA funding (American Rescue Plan Act) to expedite an assessment of mental health needs resulting from COVID 19, and to develop a plan to initiate identified priority services in conjunction with partners to promote recovery and resiliency in individuals and our overall community.

The whole community is invited to respond to a short 10- to 15-minute survey during September. Data gathered through the survey will be used to identify and tailor services to meet the needs of community members. The survey is available electronically in [English](#) and [Spanish](#), and on the County's website at recoveryabc.org/covid-recovery/.

From Your Board of Trustees re: GATHERING

Like many of you, we had hoped that the situation regarding our eventual in-person re-gathering for Live Oak Sunday services and meetings would be different at this point.

*However, due to the increase in COVID-19 cases in Santa Barbara County, **all in-person gatherings sanctioned by Live Oak, both indoors and outdoors, are suspended until further notice.** Thank you for your ongoing understanding as we seek to keep our congregation as safe as possible.*

In service,

Megan Moyer (President), Clacey Kahn (VP), Larry Bishop, Rev. Tamara Casanova Suzuki, Holly Drayton, Mary Johnson, Wendy Morgan, Tekka Penteriche

**Live Oak
September
Birthdays**

Live Oak Photo Gallery

**Live Oak
Unitarian
Universalist
Congregation**

- Helen Gordon
9/7
- Sandra Martin
9/11
- JJ Kahn
9/13
- Melanie
Jacobson
9/20
- Ron Kronenberg
9/20
- Sylvia Sullivan
9/20
- Holly Drayton
9/21
- Ellen Hamilton
9/21
- Mary Ann
Kaestner
9/22
- Jonathan Young
9/29



LEFT: Hal was most pleased with the orange colored blossoms against the gorgeous sky. Who could blame him?

RIGHT: Steven and Greg took a trip to the Salton Sea, It was rather sad, as the whole environment there is breaking down from agricultural run off and the sea is off limits to swimming, fishing, or recreation.



LEFT: The entire SS area is also suffering from receding shoreline. The exposed mud has a chemical residue and the entire area smells of chemical.

Live Oak Staff and Office Hours

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